



# Primary PE and Sport Premium

FUNDING GUIDE | MARCH 2016

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# Primary PE and Sport Premium

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## About SASSOT

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Sport Across Staffordshire and Stoke-on-Trent (SASSOT) is a countywide partnership that offers a one-stop shop of information by linking together local providers of sport and physical activity.

Key partners that work with SASSOT include Local Authorities, national governing Bodies of Sport, Staffordshire Public health, universities, schools, sports clubs and volunteers. Working in partnership with these organisations helps to connect and engage local communities to become more active and achieve their potential.

SASSOT is one of six County Sport and Physical Activity Partnerships within the West Midlands and one of forty-nine across England; uniquely positioned to support partners in the delivery of sustaining current participants and increasing participation in sport and physical activity.

## SASSOT's Role

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County Sport Partnerships have been funded by DCMS, through Sport England to develop a clear view on what is on offer locally, including what sports can provide. County Sports Partnerships will make sure that the primary schools in their area know what's available.

Then County Sports Partnerships will work with other key partners to ensure that any schools which want and require help in maximising the investment or accessing services to help them improve the quality and quantity of physical education and school sport.

The offer that we have been asked to make to primary schools includes:

- Provide supportive guidance on how to use the Primary School Sports Premium investment effectively and in line with the funding requirements
- Collate and advise Continuing Professional development (CPD) and training opportunities that are available to schools and local organisations
- Co-ordinate the delivery of CPD and training opportunities to ensure schools and coaches can deliver an effective PE and School Sport Offer
- Provide advice and industry specific guidance on recommended processes and qualification requirements if working with external coaches as part of the offer

For further information and resources please visit [www.sportacrossstaffordshire.co.uk/primaryschool\\_sportfunding](http://www.sportacrossstaffordshire.co.uk/primaryschool_sportfunding)

## Primary PE and Sport Premium 2015/16

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Schools with primary-aged pupils will receive the primary PE and sport premium for the 2015 to 2016 academic year on the same basis as last year.

First instalments will be paid to local authorities on behalf of local-authority-maintained schools on 29 October 2015 and to academies on 2 November 2015.

## National Messages

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- Sustainability is key (sustainability is most at risk when using external providers)
- Schools need to consider if any service provided by an external provider (i.e. coaching company) is specific to that school and it's needs and requirements
- Funding must add value (even if PE provision was outstanding before)
- Schools must consider how future pupils will benefit from the funding and not just existing ones

## 3 Key Questions for School to Answer

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- How does the Primary PE and Sport Funding address the needs of the school?
- How do schools make what they do now better?
- How can the Primary PE and Sport Funding affect future pupils?

## The vision of the PE and sport premium

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'All pupils leaving primary school physically literate and with the knowledge, skills and motivation necessary to equip them for a healthy lifestyle and lifelong participation in physical activity and sport'

## The objective of the PE and sport premium

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'To achieve self-sustaining improvement in the quality of PE and sport in primary schools'

We would expect indicators of such improvement to include:

- the engagement of all pupils in regular physical activity - kick-starting healthy active lifestyles
- the profile of PE and sport being raised across the school as a tool for whole school improvement
- increased confidence, knowledge and skills of all staff in teaching PE and sport
- broader experience of a range of sports and activities offered to all pupils
- increased participation in competitive sport

## Minimum Requirements

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Maintained schools and academies must publish, on their website, information about their use of the Primary Physical Education and Sport Premium allocation by April 2015 including:

- The amount of grant received
- How it has been spent (or will be spent)
- What impact the school has seen on pupils' Physical Education and sport participation and;
- Attainment as a result, to help to ensure that all pupils develop healthy lifestyles

## Suggested Best Practise

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Step 1: audit/ self-review

Step 2: prioritise areas to develop (baseline information/data) and action

Step 3: identify the good/outstanding provision

Step 4: measure against baseline to demonstrate impact

## Good Practise to maximise effective use of the funding

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Schools should:

- ensure that their strategic plans for using the new funding include clear, measurable targets for improvement
- clearly show how school leaders will evaluate the impact that the premium is having on improving PE and sports provision
- regularly monitor the work of specialist PE teachers and sports coaches to ensure that their teaching and coaching are consistently good
- ensure that the professional development of staff is systematically planned and tailored to the individual needs of teachers and classroom assistants
- monitor the impact of professional development to ensure a lasting legacy of consistently good teaching of PE
- identify 'non-participants' in extra-curricular sport and provide additional activities to encourage their immediate and longer-term participation in sport and physical activity
- introduce activities specifically aimed at enabling their most able pupils to achieve high standards in PE and sport
- forge links with a wider range of external sports clubs to achieve sustainable ways of engaging all pupils in physical activity and sport
- work closely with parents and carers and local health agencies to promote the health and well-being of all pupils, especially those who are overweight or obese.

Schools should not:

- employ coaches or specialist teachers to cover planning preparation and assessment (PPA) arrangements - these should come out of your core staffing budgets
- teach the minimum requirements of the national curriculum - including those specified for swimming (or, in the case of academies and free schools, to teach your existing PE curriculum).

# Primary School Physical Literacy Framework

Supporting primary schools to develop the physical literacy of all their pupils



## Acknowledgements

This Primary School Physical Literacy Framework has been developed by Youth Sport Trust (YST) in partnership with:

- Sport England (SE)
- County Sport Partnership Network (CSPn)
- Association of Physical Education (aPE)
- sports coach UK (scUK)
- Community of Providers of Physical Activity and Sports (COMPASS)

and the following National Governing Bodies of Sport/ Membership Organisations:

- Amateur Boxing Association of England Ltd
- Archery GB
- Amateur Swimming Association
- Badminton England
- Baseball Softball UK
- British Cycling
- British Gymnastics
- British Orienteering
- Canoe England
- England Athletics
- England Basketball
- England Handball
- England Hockey
- England Netball
- England Squash & Racketball
- English Lacrosse
- English Table Tennis Association
- Golf Foundation
- Rounders England
- Rugby Football League
- Rugby Football Union
- Tennis Foundation
- Volleyball England

## Introduction



### What is physical literacy?

Physical literacy can be described as the motivation, confidence, physical competence, knowledge and understanding that provides children with the movement foundation for lifelong participation in physical activity. Enabling them to be physically literate supports their development as competent, confident and healthy movers.



### How will this framework help you?

This framework has been designed to support those working in primary schools to consider how best they can structure their PE and school sport provision to ensure maximum opportunity is provided to develop the physical literacy of all their pupils.



### Why should schools, and partners working with schools, consider this?

In a school context developing physical literacy is the foundation of PE and school sport. Physical literacy is not a programme, rather it is an outcome of any structured PE and school sport provision, which is achieved more readily if learners encounter a range of age and stage appropriate opportunities. This framework will help you to consider what those age and stage appropriate opportunities need to focus on to maximise the potential to develop the physical literacy of all pupils through PE and school sport.



# Primary School Physical Literacy Framework

Supporting primary schools to develop the physical literacy of all their pupils

|                   | Physical Education Curriculum<br>Literacy, Learning, Leadership  | Extra-curricular School Sport<br>Breakfast, lunchtime or after-school programmes   | Competitive School Sport<br>A year round programme   |
|-------------------|--|--|--|
| <b>Focus</b>      |  |  |  |
| <b>Driver</b>     | High quality physical education for every child  | Equipping every child to lead healthy active lifestyles  | Competition formats providing opportunities that include all young people  |
| <b>Deliverer</b>  | Delivered by teachers  | Delivered by teachers and appropriately qualified and skilled coaches/professionals*   | Delivered by teachers, coaches and volunteers. Supported by young leaders (including young officials)  |
| <b>EY</b>         | Through the provision of structured and free play, create environments which introduce and develop control and co-ordination in large and small movements. Helping children to move confidently in a range of ways, negotiating space safely. Helping them to understand factors that contribute to keeping healthy, such as physical exercise and the food they eat. Pupils can express themselves about things they can do to keep themselves healthy and safe |  | Not applicable   |
| <b>KS1</b>        | Creating a movement foundation to underpin lifelong participation, enabling pupils to access a range of learning experiences which supports the development of competent and confident movers  | Multi-skills clubs for every child that builds on the development of movement foundation within the curriculum PE sessions. Places them in clubs that provides play and reinforces the importance of being physically active, as well as introducing basic leadership opportunities and social interaction | Year round programme of activities focused on setting personal challenges, based on movement foundation and multi-skills. Delivered in and around PE or extra-curricular time and culminating in a one-off annual celebration event  |
| <b>Lower KS2</b>  | Adapted physical activities through which a young person develops and applies a broad range of skills in different contexts — enhancing their creative, social and thinking skills in PE. They also begin to gain an understanding of the positive benefits of being physically active   | Fun and engaging non-traditional/alternative activity formats that get children and young people active in themed multi-activity environments; introduces simple messages around health, e.g. in ChangedLife Sports Clubs (Combat, Adventure, Flight)  | Themed formats, delivered in extra-curricular time. Building from competition introduced in PE, focussed on games and personal challenge activities that use the skills and characteristics of NGB sports. This supports School Games competition at Level 1 (intra-), Level 2 and 3 (inter) i.e. Target, Netwall, Combat or Inclusive Games festivals. The very few early specialisation sports may have NGB formats for this age |
| <b>Upper KS2</b>  | Learning physical, social and thinking skills through sport specific activities (modified to be age and stage appropriate). They are also developing leadership skills and are able to articulate the benefits of regular exercise   | Alternative or modified extra-curricular activity that supports young people interested in an alternative sports and activity pathways that transition into recreational opportunities offered at KS3 i.e. Dodgeball, Ultimate Frisbee, Cheerleading, StreetDance or Wheelchair Sports Skills              | NGB formats delivered in extra-curricular time building from competition introduced in PE. Based upon modifications designed to be progressive and appropriate to the development stage of young people. <b>www.yourschoolgames.com</b>  |
| <b>Think INC.</b> | Teachers supported to deliver inclusive PE ensuring that children and young people who have special educational needs (SEN) or disabilities fully access and engage in PE lessons  | Identifying and addressing the barriers to participation in consultation with young people who have SEN or disabilities and their carers. Utilise adaptive games packages such as TOP Sportsability to increase opportunities for young disabled people to access a range of activities and sports         | Modified and adapting activity to create 'inclusive competitions'. Utilising existing NGB 'inclusive' formats and designing personal challenges that enable young people who have SEN or disabilities to achieve their personal best   |

\*The minimum qualification, recommended by the National Partners, for a coach or professional working in the primary school context is considered to be a UKCC Level 2 coaching qualification or equivalent in the activity being delivered.

**Key:** EY Early Years KS1 Key Stage 1 KS2 Lower Key Stages 2 KS3 Upper Key Stage 2



# Effective professional learning

## Maximising the Primary PE and Sport Premium through effective professional learning

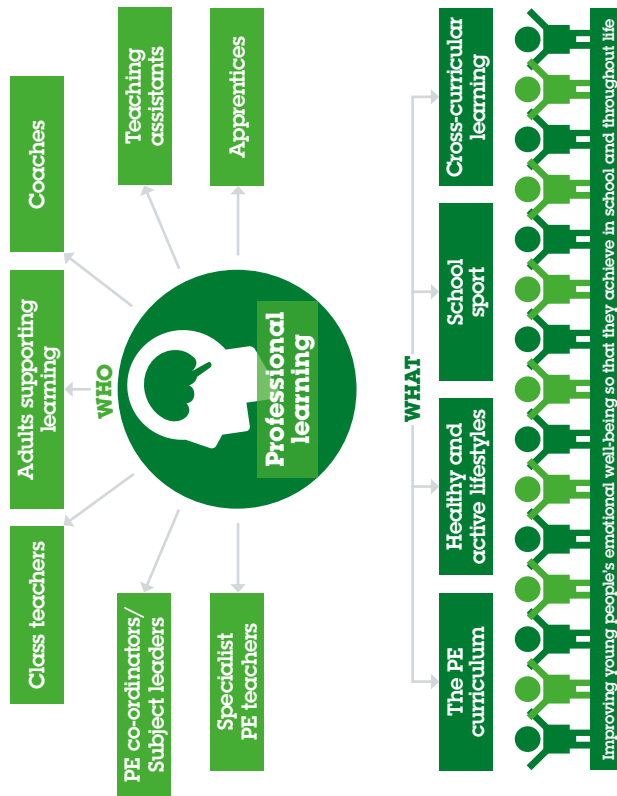
### How can effective professional learning maximise the Primary PE and Sport Premium?

The additional investment of the Primary PE and Sport Premium will lead to all pupils leaving primary school physically literate and with the knowledge, skills and motivation necessary to equip them for a healthy lifestyle and lifelong participation in physical activity and sport. The objective of the funding is to achieve self-sustaining improvement in the quality of PE and sport in primary schools. We would expect indicators of such improvement to include:

- The engagement of all pupils in regular physical activity — kick-starting healthy active lifestyles
- The profile of PE and sport being raised across the school as a tool for whole school improvement
- Increased confidence, knowledge and skills of all staff in teaching PE and sport

- Broader experience of a range of sports and activities offered to all pupils
  - Increased participation in competitive sport.
- To ensure sustainable impact of this investment, schools should review their PE and school sport provision to identify where their greatest priorities are in terms of improving their PE and school sport.

This poster will provide you with the information you need to understand the value and outcomes of ensuring you have a suitable professional learning culture for PE and sport, that also supports the teachers' standards framework. Being aware what quality professional learning providers look like, as well as a self-review process, will enable you to understand what support or learning your staff need to ensure they are confident and competent to teach PE and school sport.



Raising standards in PE and school sport requires all teachers and other practitioners to have access to effective professional learning. This will ensure that all teachers are making progress and will therefore support them in developing their teaching standards and supporting the school in its overall effectiveness. It is important that schools have completed an audit of what professional learning is required to meet the needs of the school.

Guidance to support the identification of providers who can demonstrate learning opportunities which impact upon key outcomes of professional learning is provided below. We recommend that providers should be accredited with a kite mark which endorses the quality and effectiveness of their delivery.

- The value of effective professional learning needs to be assessed on the impact it has on specific outcomes, the most important of which are:
- Improving teaching and learning
  - Improving attainment, achievement and standards
  - Fulfilling the teachers' standards criteria.

#### If the above are improved, this should significantly impact on:

- Improvements in curriculum and extra-curricular opportunities
- Increases in participation in sport/physical activity. This should raise standards across the whole school including behaviour and attitudes to learning.

#### Types of professional learning that you could consider:

- Team teaching with an experienced practitioner
- Lesson observations/shadowing within school/partner schools
- Quality assured resources to support planning and delivery
- Whole school professional learning events
- Mentoring
- Peer coaching



### Professional learning provider check list:

The provider should be able to demonstrate impact of PE and school sport in other schools

The provider should be able to provide references from schools and Local Authorities that have engaged with the provider

The provider should be able to demonstrate relevant year group experiences

The provider should be able to provide evidence of whole staff training/support

New providers should be able to provide a PE and school sport vision and their experiences to date

The provider should have awareness of Ofsted criteria and national frameworks such as the Physical Literacy framework

### Acknowledgements

This professional learning framework has been developed by:

- Youth Sport Trust (YST)
  - Association for Physical Education (AfPE)
  - County Sports Partnership Network (CSPn)
  - Sport England (SE)
  - sports coach UK (scUK)
- Supported by Compass

This outline has been developed from the CPD Process Model produced by Professor Jeanne Key (University of the West of Scotland) and Dr Christine Lloyd (University of Roehampton) published in 'Lifting Children's Learning with Professional learning: impact, evidence and inclusive practice' (2011) Sense Publishers.



# Professional learning model — self-review

## How to use this self-review...

This continual professional learning model is designed to help you to identify the needs of both staff and young people. Review your professional learning culture by answering the questions to find out what professional learning is required and what impact this can have on teaching and learning.

### 1 Professional learning culture

How well is PE and sport covered in the whole school professional learning strategy?  
How well is the planned professional learning positioned to support the needs and development of the individual attending?  
How well is the professional learning personalised to enhance the knowledge and skills of the individual?

### 2 Children's learning needs

How well does the school know the strengths and areas of development of the physical, social and emotional skills of their pupils?  
What are the learning needs or areas to develop for each class?  
How will the planned professional learning support help improve the learning and progress for the pupils in the class/year group/key stage/school?  
What impact will the professional learning have on the pupils in the school?

### 3 Identify the evidence of learning

How will you know if the professional learning is addressing the pupils' learning needs?  
What evidence will you need to show/see to know that the teacher/pupils have become more effective?  
What will the pupils know, be able to do or understand if the professional learning has impacted on pupil learning?

### 4 Planning professional learning

What professional learning will need to be undertaken to meet the needs of the pupils?  
How well is professional learning quality assured?  
Is the provider of professional learning appropriate for your school?  
How does professional learning link to performance management objectives?  
What professional learning opportunities are linked to the whole school development plan?

### 5 Undertaking professional learning

How clear is the person/s undergoing professional learning about how it will impact on their practice?  
How well does the member of staff understand the benefits of the professional learning?  
How will professional learning effectively be shared across appropriate staff?  
How can wider school staff support and benefit from the professional learning?

### 6 Using new learning

How do teachers demonstrate a new confidence and competence in classroom delivery through the new learning?  
Are teachers able to use the new learning to support colleagues with their PE delivery?  
How do teachers share the knowledge and resources to improve planning across the whole staff?  
How has the new learning enabled some consistency of pedagogy across the school?

### 7 Evaluate the impact of professional learning

How have the pupils learning improved as a result of the professional learning?  
Is there an improvement in the quality of teaching and learning in PE and how do you know?  
Is there an improvement in the quality of the provision in curricular and extra-curricular programmes and how can you evidence this?  
Is there an improvement in participation and engagement of learners and how do you know?



## Signposting

### sports coach UK

Coaching in Schools Portal — sports coach UK is the lead coaching agency in the UK, and has coordinated and collaborated with afPE, Compass, CSPn, Sport England and the Youth Sport Trust to produce a free to access web portal containing all the information headteachers will require to maximise the use of coaches in their school through the Primary PE and Sport Premium.

Our vision is to put coaching at the heart of sport, enabling every child to follow their dreams, have fun and fulfil their potential.

Two recommended workshops to consider undertaking are: Coaching Children (5-12) and Introduction to the Fundamentals of movement.

For more information go to: [www.sportcoachuk.org/schools](http://www.sportcoachuk.org/schools)

### afPE

One of afPE's corporate objectives is to play a leading role in the development of a workforce with the skills and qualities required to ensure high quality physical education and in sport in schools. Some teaching and learning is also at the heart of what we do.

- Membership to support the workforce to deliver high quality outcomes — [www.afpe.org.uk/membership-services](http://www.afpe.org.uk/membership-services)
- The Professional Development Board — [www.btlj/afPE-PDB](http://www.btlj/afPE-PDB)
- Professional learning opportunities — [www.afpe.org.uk](http://www.afpe.org.uk)
- Bespoke professional learning — [www.afpe.org.uk](http://www.afpe.org.uk)

### Youth Sport Trust

The Youth Sport Trust is passionate about helping all young people to achieve their full potential — and we also have a range of support available to those working in education and school sport.

Our extensive range of programmes and initiatives: sport and education resources; events and continuing professional development programmes; and of course our school Membership scheme are all created to achieve the best possible outcomes for young people.

Our specialist staff work closely with all schools (primary, secondary and special educational needs) and a range of partners including National Governing Bodies of Sport and our corporate partners, to get even more young people involved in PE and school sport.

For more information go to: [www.youthsporttrust.org](http://www.youthsporttrust.org)

### Sport England

Sport England is committed to helping people and communities across the country create sporting habits for life. We know that young people form habits at an early age and that school sport is important in building strong foundations of sporting habits for life. This means investing in organisations and projects that will get more people playing sport and creating opportunities for people to excel at their chosen sport. One of the important groups of organisations we fund are National Governing Bodies of Sport (NGBs).

NGBs — Across England there are many different NGBs who have responsibility for one of their specific sports, and their education will be key to ensuring that the sports develop in schools. Information on the sports specific coaching courses they offer can be obtained through contacting the sports directly, or through your local County Sports Partnership.

For more information go to: [www.sportengland.org](http://www.sportengland.org)

### CSP network

Your local County Sports Partnership coordinates a range of training, networking and development support with local and national partners, and can help you secure training to meet the needs of your school workforce and maximise the impact of your Sport Premium funding. To find your CSP visit: [www.cspnetwork.org](http://www.cspnetwork.org)

### Compass

Compass represents over 10,000 children's activity providers working closely with the sector on issues such as skills and training, access to provision, and best practice. For more information go to: [www.compassassociation.org.uk](http://www.compassassociation.org.uk)



# entrust MAKING THE MONEY COUNT

Working alongside the County Sports Partnership, we are the key partner advising schools on the best use of their Primary School Premium (PSP). As part of the partnership, we are the central point of contact for primary school seeking support and advice around their PSP.

Throughout the year we will be sending out free email updates about the PSP.

Entrust's experienced and qualified Physical Education Consultants have a strong background in supporting schools to improve their PE and School provision linked to the whole school improvement process.

Successful examples of our work:

- > advising schools and settings on the effective use of the school sports premium including evidence and impact
- > subject leader development and support
- > modelling high quality teaching and learning in specialist areas such as dance and gymnastics
- > supporting the monitoring and quality assurance of sports coaches used in schools

Bespoke support designed to meet your needs. Being a local partner means that the Entrust consultant can respond to individual teacher or school needs for example:

- > designing your school's gymnastics apparatus plans
- > writing dance units to support new National Curriculum topics
- > helping plan and design you playground for more purposeful lunchtime activity

We can also give one to one support to NQT's or unconfident class teachers

For advice and support, or to find out ways in which we can specifically support your school, contact Caroline Holder [caroline.holder@entrust-ed.co.uk](mailto:caroline.holder@entrust-ed.co.uk) or Sheila Fulford [sheila.fulford@entrust-ed.co.uk](mailto:sheila.fulford@entrust-ed.co.uk) alternatively call **07866 924 958** or **0300 111 8030**.

## Central Programme:

We have a central programme of CPD opportunities which cover all aspects of Physical Education and School Sport. Not only will these provide you with high quality learning experiences, they have the added benefit of allowing you to network and share practice with other colleagues across the county. To access the programme please go to [www.entrust-ed.co.uk](http://www.entrust-ed.co.uk) or call **0300 111 8030**.



## afPE School Membership

The Association for Physical Education (afPE) is the only physical education subject association in the UK and we are committed to being the representative organisation of choice for schools delivering physical education.

**Protect your pupils, your staff and your school and keep up-to-date on the latest developments in physical education.**

### **The benefits of afPE school membership are as follows:**

- Full Health & Safety advice and support (including advice on Safeguarding, Incident support, employment law issues and Pre/Post Ofsted inspections)
- afPE's termly journal – Physical Education Matters - Two copies per edition
- Monthly e-newsletter, updates/newsflashes and text messaging service keeping members up-to-date on the latest developments within the subject
- Access to 'afPE Rewards', a new benefit scheme exclusively for members which provides discounts and savings off a wide range of work related and lifestyle opportunities
- Access to members' area of the afPE website which includes the full archive of Physical Education Matters, useful downloads and a wide range of Health & Safety updates
- Up to 30% discount off afPE publications/resources and all afPE professional learning opportunities (including courses, conferences and seminars)
- Access to the relevant Regional/Home Country Network
- Priority application for the National afPE Quality Mark for physical education and sport
- Certificate of membership
- Option to buy afPE's peer reviewed journal Physical Education & Sport Pedagogy (PESP) - only available to afPE members

**[www.afpe.org.uk](http://www.afpe.org.uk)**

# Maximise your Primary PE and Sport Premium funding



At the Youth Sport Trust, we are committed to supporting primary schools develop high quality PE and sport opportunities for all young people — from supporting children to learn the fundamental skills for movement, to improving their social skills and cognitive abilities through physical activity.

## Talk to us!

Obtain further support throughout the year by becoming part of our national primary school network. The full list of Member benefits can be found on page 5.

Get in touch with us by emailing [membership@youthsporttrust.org](mailto:membership@youthsporttrust.org) or calling 01509 226688.

## Youth Sport Trust tools to support you to maximise your funding.



### Effective Professional Learning

Guides schools as to how effective professional learning can maximise their Primary PE and Sport Premium.

Available to download here:  
[www.youthsporttrust.org/sport-premium](http://www.youthsporttrust.org/sport-premium)



### Evidencing the impact

This template and guidance helps to identify development priorities, monitor progress and track the impact being made by the funding.

Available to download from:  
[www.youthsporttrust.org/sport-premium](http://www.youthsporttrust.org/sport-premium)



### The employment and deployment of coaches

Guides schools as to how best to use coaches alongside teachers to help maximise the Primary PE and Sport Premium.

Available to download here:  
[www.youthsporttrust.org/sport-premium](http://www.youthsporttrust.org/sport-premium)



### Governor's Guide to maximising the impact

Offers Governors an explanation of the funding, Ofsted assessment and provides key questions for them to consider.

Available to Youth Sport Trust Member schools here:  
[www.youthsporttrust.org/governors-guide](http://www.youthsporttrust.org/governors-guide)



### Self-review tool

Benchmarking tool to support you to assess your school's current provision and outcomes in PE and school sport, and then identify priorities for development.

Available to download here:  
[www.youthsporttrust.org/sport-premium](http://www.youthsporttrust.org/sport-premium)



### Health and wellbeing

Using physical activity to improve pupils' health, wellbeing and educational outcomes.

Available to Youth Sport Trust Member schools here: [www.youthsporttrust.org/sport-premium](http://www.youthsporttrust.org/sport-premium)



### Physical Literacy Framework

Guides primary schools on how best to structure their PE and school sport provision and maximise the opportunities for the development of physical literacy for all pupils.

Available to download here:  
[www.youthsporttrust.org/sport-premium](http://www.youthsporttrust.org/sport-premium)



### Literacy and numeracy: Improving literacy and numeracy through PE and sport

Available to Youth Sport Trust Member schools here:  
[www.youthsporttrust.org/resources/literacy-and-numeracy](http://www.youthsporttrust.org/resources/literacy-and-numeracy)



Youth Sport Trust Member schools must log in to view certain resources here:  
[www.youthsporttrust.org/sign-in](http://www.youthsporttrust.org/sign-in)



Your school is invited to join other schools from across the country in a major national campaign to increase levels of sustainable and active travel on the journey to and from school.

STARS is a no cost service available to all Staffordshire schools. Staffordshire STARS is an easy to use electronic travel planning tool that enables schools to create, develop, implement, monitor and maintain their own travel plan. In conjunction with STARS, a range of initiatives will be available to all participating schools. Schools can pick and choose which initiatives they want to promote and will be able to order resources free of charge via the Staffordshire STARS Support Team.

STARS (Sustainable Travel Accreditation and Recognition for Schools) has been developed to recognise those schools that have demonstrated excellence in supporting walking, cycling and other forms of sustainable transport on the journey to and from school.

## Calendar of campaigns

| Month            | STARS Initiatives                           | Description and resources available  |
|------------------|---|--|
| January          | Walkit.com (New Year school run revolution) | A web-based, easy to use tool to help plan routes and also calculate journey times, calorie burn, step count and carbon savings. Postcards are issued to all families. |
| February         | Parking Commitment and Walking Pledge       | Postcards are issued to all families asking for their commitment to keeping the area immediately outside school free from traffic.                                     |
| March            | The Big Pedal                               | Scoot or cycle to school competition, resources and support available.   |
| April            | 10 Minute Walk Zones                        | Leaflets issued to all families highlighting a 10 minute Walk Zone around your school.   |
| May              | Walk to School Week                         | Resources for the campaign will be available to promote and reward participation.  |
| June             | New Family Information Packs                | Information packs provided to all Reception pupils starting school in September. Packs will be available to issue at your new intake meetings.                         |
|                  | Bike Week Activities                        | Join in with National Bike Week - resources available on request.  |
| July             | Transition Packs – Year 6                   | Information packs for all Year 6 pupils in preparation for their move up to secondary school.  |
| August/September | Travel Diaries                              | A travel diary with activities and information to encourage sustainable, active travel on the journey to and from school.  |
| October          | Walk to School Month                        | Resources for the campaign will be available to promote and reward participation.  |
| November         | Be Bright Be Seen                           | A campaign highlighting the need to wear/carry something bright on the journey to and from school.   |
| December         | Annual Competition                          | Annual competitions run across Staffordshire to promote sustainable, active travel.  |

To order resources for any of the campaigns or to get involved in any of the all year round activities, please contact the School Travel Team using the details on the back cover.

## Stay active and get involved all year round – contact the School Travel Team

### Walking Buses

Walking Buses have been successfully operating in Staffordshire schools since 1999. The scheme promotes walking to school and a healthy active lifestyle whilst caring for the local environment at the same time. The scheme is fully supported by the Walking Bus Co-ordinators who will assist in all aspects of setting up and maintaining the Walking Bus scheme at your school. All training, risk assessments and resources, including high visibility clothing are provided free of charge.

### Road Safety Resources

Resources can be loaned free of charge for use within school to highlight a number of road safety topics for a number of groups. Each resource is linked to the curriculum and can be obtained by contacting your school travel advisor.

### Bikeability

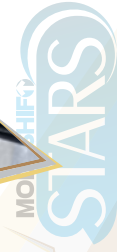
Cycle training is a vital part of a pupil's school life. The Department for Transport funded course is delivered by National Standard instructors. Bikeability is delivered in a fun but informative way to a variety of levels based on the age or ability of the trainee. Level 1 is available to some schools, dependent on area and funding, level 2 is available in all schools.

### Park and Stride

For those families who live too far away from school to walk all of the way, suitable Park and Stride locations can be identified and promoted to encourage families to park away from the area immediately outside school and walk some of the way. It encourages parents/carers and children to add some physical activity into their day and at the same time helps alleviate school gate congestion.

### Scooter Training

Scooting to school is easy and becoming more popular. "Wheeler's" is a resource for you to use to train your pupils in skills and safety on a scooter. From a classroom story to playground games, pupils love to receive this training. In some areas funding is available for instructors to deliver this training on your behalf.





# LET US HELP

CALL US NOW  
**0300 111 8006**

Advice and guidance on healthy eating, achieving your healthy weight, getting active, stopping smoking and reducing alcohol intake.

 Staffordshire County Council



# Make the most of your membership for 2014/15!

## What are the benefits?



### Resources

- Youth Sport Trust communications
- Quality Mark self-review tool
- Specialist resources



### Professional Development

- Key Stage 1 and 2 PE curriculum training
- Using PE and Sport to raise achievement in school training
- Subject Coordinator training
- Inclusive PE training



### Clusters

Cluster Coordinator training



### Discounts

10% off at Youth Sport Direct



### Bolt-ons

Access a variety of Key Stage 1 and Key Stage 2 courses at an additional cost



### Bespoke Development Days

Tailored events for individual or clusters of schools around key issues or areas of development



### Conferences and Events

- Discounted access to our annual conference
- Headteacher access to exclusive school leader events
- Access to themed events on key emerging issues



**Find out more:**  
[www.youthsporttrust.org/membership](http://www.youthsporttrust.org/membership)



## Membership can help you...



**Raise achievement** for all young people in all subjects



**Strengthen teaching** by engaging learners through high quality delivery



**Inspire leadership** at every level throughout your school



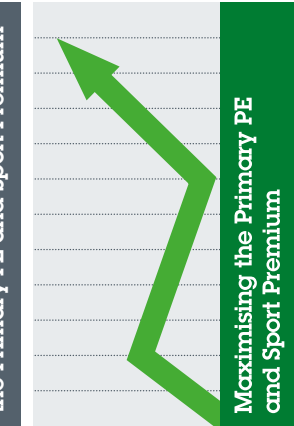
**Create a culture** that enables young people to achieve their personal best

“High-quality PE and sport has had a positive impact on so many children in our school. Engagement and motivation in all areas of learning has increased as has achievement across the academic and physical curriculum. Our continued relationship and membership of the Youth Sport Trust provides an opportunity to engage in innovative programmes that enable us to build on these achievements year on year.”

**David Barnett, Headteacher**  
Chudleigh Primary School, Devon

# The employment and deployment of coaches

How the employment and deployment of coaches can help you maximise the Primary PE and Sport Premium



## Maximising the Primary PE and Sport Premium

The additional investment of the Primary PE and Sport Premium funding, will enable a measurable and sustained improvement through:

- PE and sport, underpinned by high quality teaching
- Increasing participation levels in physical activity
- Increasing healthier pupils who are more engaged across the whole curriculum.

### The four objectives of the Primary PE and Sport Premium funding are:

- To improve the quality of existing PE teaching through continuing professional learning in PE for generalists, so that all primary pupils improve their health, skills and physical literacy, and have broader exposure to a range of sports
- To increase participation levels in competitive sport and healthy activity of pupils, and maintain these into adolescence
- To increase the quality of initial teacher training in PE and sport, and to promote PE specialisation in primary level workforce
- Schools understand and value the benefits of high quality PE and sport, including its use as a tool for whole school improvement.

To ensure sustainable impact of this investment, schools should review their PE and school sport provision in order to identify where their key priorities are in terms of improving PE and school sport for all pupils.

This poster will provide you with the information you need to consider how the employment and deployment of coaches can help you to enhance the provision of PE, school sport and healthy activity across your school. The flow chart over the page is designed to provide guidance in relation to the employment of your coaches and consider what steps, if any, you need to take to maximise their impact or potential impact for your pupils and school, and signpost you to where help can be found.



\*The UKCC Level 2 coaching qualification or equivalent, recommended by National Partners, is the minimum requirement for coaches employed to work within the school context, however it is acknowledged that other volunteers, including Level 1 assistant coaches, and under-16s, including young leaders, may support delivery, but this must be under the direct supervision of a qualified teacher or Level 2 coach.



## What is sports coaching?

The outcomes of good or high quality sports coaching:

- Improved sports skills in children through increased opportunities in school and the wider community
- Better physical, technical, tactical and mental understanding of a range of sports
- Development of wider life skills through sport which build on from the PE lessons, i.e. communication, teamwork, fair play and leadership
- Age and stage appropriate provision.



## What is PE teaching?

Outcomes of good or better PE curriculum delivery:

- Develop all young people's physical literacy in order for them to engage in lifelong participation
- Young people make progress in, and understand how to move effectively. They will then go on to achieve their potential in a variety of activities
- Develop young people physically, socially, morally, culturally and spiritually
- Young people understand the importance of being safe and feel safe in physical activity.

## Working with coaches

Coaches are different from teachers (however it is recognised that some teachers will have expertise in some sports) in that they have detailed knowledge, understanding, qualifications and experience in specific sports.

When coaches complement teachers (where they feel they need support), outstanding outcomes can be achieved by using their technical knowledge and skills.



## The Physical Education Curriculum:

The teacher's role is to ensure the child makes significant progress and achievement in all areas of school curriculum. It is therefore vital that teachers are up-skilled and supported and not replaced or displaced by coaches.

Appropriately qualified coaches can help to up-skill teachers' technical knowledge in specific activities, but should support and not replace teachers in curriculum provision.

### PPA time:

To make a sustainable impact with the Primary PE and Sport Premium, schools should adopt best practice when deploying coaches by ensuring they work alongside teachers. Schools must also ensure they do not double-fund PPA time by using PPA funding and the PE and Sport Premium.

## Where can coaches support your school's PE and school sport offer?

Firstly schools need to ensure that their PE and school sport provision is appropriate, if you are unsure please refer to the Ofsted Inspection framework, the national curriculum for PE and recently published Physical Literacy Framework (this can be downloaded from [www.bit.ly/ytipdf](http://www.bit.ly/ytipdf)). This will support schools' understanding of what they should be providing in PE, physical activity, school sport and competitive sport, as well as ensure teachers and coaches are working towards outstanding delivery.

## Coaches can support your PE and school sport provision through:

### Physical Education

**Expertise**  
Direct delivery of parts of the lesson where they have the expertise, under the direction of the teacher

**Peer mentoring (if appropriate)**  
– Knowledge transfer to teachers  
– Build confidence in teachers

### School sport

**Enrich**  
A wider range of sports and activities

**Enable**  
Develop skills and competence

**Extend**  
Improve performance and prepare for competition

### Wider school outcomes

**To your workforce**  
– Positive role models  
– Adults other than teachers supporting learning

**To your pupils (where appropriate)**  
– Lifeskills development (i.e. communication skills)  
– Aiding their transition from primary to secondary

## Working with coaches in your school

The recognised minimum standards for coaches employed to work in school sport:

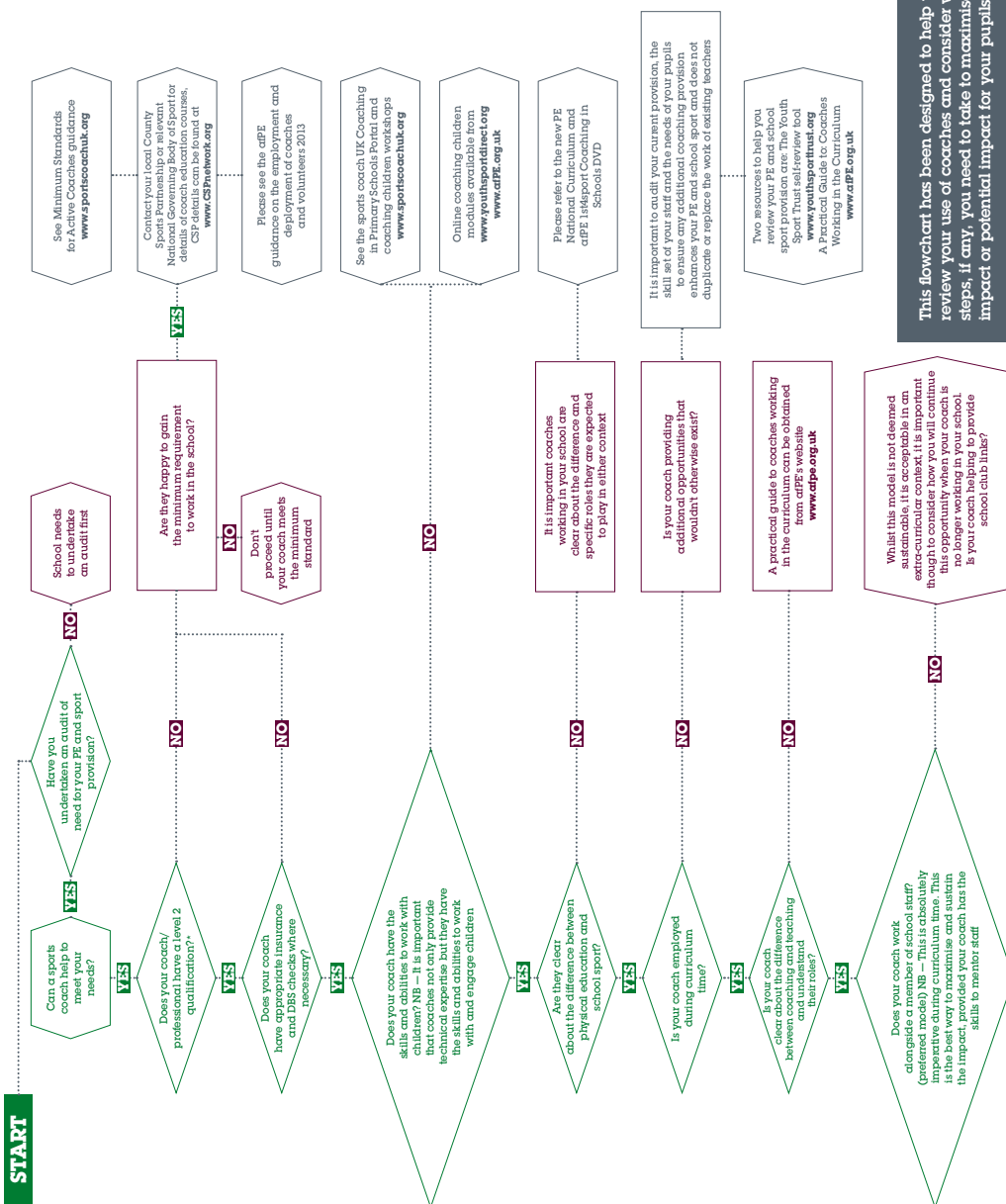
- Minimum age — 18 years old for all paid coaches working in schools
- Appropriate qualifications — the minimum qualification, recommended by the National Partners, for a coach or professional working in a primary school context is considered to be a UKCC Level 2 coaching qualification or equivalent in the activity being delivered\*
- Appropriate insurance cover that covers them for the duties you have asked them to carry out at the school
- Policies and procedures. As a minimum, your school should have in place, and require a coach to sign up to, the following policies: code of practice, equality, participant welfare, health and safety, which should be part of a thorough school induction
- Safeguarding children and vulnerable groups — must have a DBS check completed where necessary.

The additional recommendations (best practice) of coaches working in support of PE:

- Coaches should have a sound understanding of what safe practice in PE and sport looks like. Therefore coaches can develop pupils' understanding of being safe, and feeling safe in physical activity. Refer to Safe Practice 2012 at [www.bit.ly/a1PE-publications](http://www.bit.ly/a1PE-publications)
- The coach has been through an appropriate induction process by the school, so is thoroughly prepared and comfortable in the environment
- Schools to ensure that they have a system in place to regularly monitor and evaluate the coaches provision
- a1PE believes that by 2015, coaches employed in or by schools supporting Curriculum time PE should be working towards a 1st4sport/a1PE Level 2 and 3 in supporting PE and school sport or equivalent, to comply with the forthcoming a1PE Safe Practice Guidance for Schools
- Coaches may consider a Multi-Skills Level 2 qualification. [www.1st4sportqualifications.com](http://www.1st4sportqualifications.com)

# The employment and deployment of coaches

## How can coaches best support your school's PE and school sport offer?



\*The UKC Level 2 coaching qualification or equivalent, recommended by National Partners, is the minimum requirement for coaches employed to work within the school context, however it is acknowledged that other countries, including Scotland, Northern Ireland, and Northern Ireland, including young players, may support others, but this must be under the direct supervision of a qualified teacher or Level 2 coach.

## Acknowledgements

This Employment and Deployment of Coaches framework has been developed by:

- Youth Sport Trust (YST)
- Association for Physical Education (aPPE)
- County Sports Partnership Network (CSPN)
- Sport England (SE)
- Sports coach UK (SCUK)



## Signposting

### sports coach UK

**Coaching in Schools Portal** — sports coach UK is the lead coaching agency in the UK, and has coordinated and collaborated with aPPE, CSPN, Sport England and the Youth Sport Trust to produce a free to access web portal containing all the information headteachers will require to maximise the use of coaches in their school through the Primary PE and Sport Premium. Our vision is to put coaching at the heart of sport, enabling every child to follow their dreams, have fun and fulfil their potential. Two recommended workshops to consider undertaking are: Coaching Children (5-12) and Introduction to the Fundamentals of Movement. For more information go to: [www.sportcoachuk.org/primary-school-head-teachers-web-portal](http://www.sportcoachuk.org/primary-school-head-teachers-web-portal)

### aPPE

One of aPPE's corporate objectives is to play a leading role in the development of a workforce with skills and qualities required to assure high quality physical education and in sport in schools. **Safe teaching** is also at the heart of what we do. A practical guide to coaches working in the Curriculum — an essential resource to assist coaches and school staff in working to support physical education in schools. This collection of vital documents and templates aims to equip private providers, coaches, head teachers, physical education curriculum leaders and chairs of governing bodies with all they need to effectively employ/deploy a coach in a school environment. Best Practice and Guidance on the use of individual and agency coaches: [www.bit.ly/aPPE-health](http://www.bit.ly/aPPE-health) For more information go to: [www.aPPE.org.uk](http://www.aPPE.org.uk)

### Youth Sport Trust

The Youth Sport Trust is passionate about helping all young people to achieve their full potential — and we also have a range of support available to those working in education and school sport. Our extensive range of programmes and initiatives, sport and education resources; events and continuing professional development programmes; and of course our school Membership scheme are all created to achieve the best possible outcomes for young people. Our specialist staff work closely with all schools (primary, secondary and special educational needs) and a range of partners including National Governing Bodies of Sport and our corporate partners, to get even more young people involved in PE and school sport. For more information go to: [www.youthsporttrust.org](http://www.youthsporttrust.org)

### Sport England

Sport England is committed to helping people and communities across the country create sporting habits for life. We know that young people form habits at an early age and that school sport is important in building strong foundations of sporting habits for life. This means investing in organisations and projects that will get more people playing sport and creating opportunities for people to excel at their chosen sport. One of the important groups of organisations we fund are National Governing Bodies of Sport (NGBs). NGBs — Across England there are many different NGBs who have responsibility for managing their specific sport, and coach education will be a key component of their sports development plans. Information on the sports specific coaching courses they offer can be obtained through contacting the sports directly, or through your local County Sports Partnership. For more information go to: [www.sportengland.org](http://www.sportengland.org)

### CSPnetwork

Your local County Sports Partnership can assist you in the recruitment, deployment and development of coaches to enhance PE and sport in your school, and maximise the impact of your Sport Premium funding. To find your CSP visit: [www.cspnetwork.org](http://www.cspnetwork.org)



# Sport Specific Information



## Archery

Archery GB wants to support Physical Education in Primary Schools because:

- It is often the first opportunity to take part in physical activity.
- Archery offers schools something different to traditional sports on offer.

The Primary school Physical Education will benefit from working with Archery GB because:

- Easy to use resources to introduce archery at Primary level are now available.
- This can develop into introducing the tradition version of the sport through the development of links with local community clubs.
- Young people are encouraged to lead activity through the new Young Leaders course for Arrows which has been developed. Archery GB's offer to support Physical Education in Primary Schools is:

Arrows ([www.archerygb.org/arrows](http://www.archerygb.org/arrows)):

- Provide easy to use resources and shooting equipment
- Provide a range of inter and intra competition for primary schools
- Provide a network of community club opportunities for young people
- Provide support from Archery GB staff to support the work in schools

### Teacher and Coach Education

- There is no training required to deliver Arrows.
- Young people (14-19 years) can access Arrows Young Leaders course [www.archerygb.org/coach](http://www.archerygb.org/coach)

### Resources

- Equipment: Two different sized packs purchased from [www.archerygb.org/arrows](http://www.archerygb.org/arrows)
- A Guide for Teachers: Includes all information needed to deliver Arrows.

- Eight activity cards: Provides ideas to get sessions going straight away.
- Festival card: Provides competitive option that is also the format for the School Games at Primary level.
- Reference card: For a quick reminder of the key things for your sessions.
- Online videos: Two short videos at [www.archerygb.org/arrows](http://www.archerygb.org/arrows) go through some of the detail in the Guide for Teachers to provide further support.

### Competition

- Festival card included in Arrows pack provides suggestions for competition which also ties in with the format for the School Games at Primary level.

### Exit Routes

- Extra-curricular (afterschool or lunch) are supported by teachers and/or Young Leaders to link into the network of community clubs
- A network of community clubs affiliated to AGB providing a range of shooting opportunities for Young People 8 years plus.

### Direct Support

- Coaching: Direct coaching support may be available via a network of AGB accredited coaches in local community clubs
- Archery GB staff: National managers are available for support and advice.

### ARCHERY GB

**CONTACT** | Kate Moss

**TITLE** | Development Manager (Young People)

**TELEPHONE** | 10952 677 888

**EMAIL** | [enquiries@archerygb.org](mailto:enquiries@archerygb.org)

**WEBSITE** | [www.archerygb.org/schools](http://www.archerygb.org/schools)



## Athletics

England Athletics offer to support Physical Education in Primary Schools is:

- Easy to use Teacher and Coach educational courses and support
- Easy to use resources and playing equipment
- A range of fun exciting Intra and Inter-Schools competition for primary schools
- A network of community club opportunities for young people
- Advice and guidance from England Athletics staff to support the work in schools

### ENGLAND ATHLETICS

**CONTACT** | Scott Grace

**TELEPHONE** | 01213 476 543

**EMAIL** | [sgrace@englandathletics.org](mailto:sgrace@englandathletics.org)

**WEBSITE** | [www.englandathletics.org](http://www.englandathletics.org)





## Badminton

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Badminton: Badminton England's offer to support Physical Education in Primary Schools is:

- We are currently investigating a multi-sport approach with the possibility of developing a rackets sports programme that develops physical literacy in primary schools during curriculum time and as out school hours sessions.
- We continue to offer our Bisi programme to Primary schools and have a network of Premier Clubs to support the development of competitive opportunities.

### BADMINTON ENGLAND

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**CONTACT** | Development Team

**TITLE** | Project Officer

**TELEPHONE** | 01908 268 400

**EMAIL** | [development@badmintonengland.co.uk](mailto:development@badmintonengland.co.uk)

**WEBSITE** | [www.badmintonengland.co.uk](http://www.badmintonengland.co.uk)

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## Cricket

### KEY STAGE 1 - AGES 5 TO 8

#### Delivery

Assembly visits, physical literacy, physical competency, fundamentals of movement, multi-skills, kwik cricket

#### Competitions

Multi skills festivals, kwik cricket festivals (boys and girls), skills awards, feedback on attainment levels

#### School/Club Links | Coach to Organise

Holiday camps, support festivals and competitions

#### Sustainability | Coach to Organize and Deliver

ECB cricket for teachers primary, teacher awareness session, parent awareness/education

### KEY STAGE 2 - AGES 9 TO 11

#### Delivery

Assembly visits, physical literacy, physical competency, fundamentals of movement, skills strike, throw, bowl, catch, kwik cricket, hardball cricket

#### Competitions

Multi skills festivals, kwik cricket festivals (boys and girls), disability festivals, table top cricket, U11 county hardball, U10 and U11 district cricket, skills awards and feedback on attainment levels

#### School/Club Links | Coach to Organize and Deliver

Club/school links (includes involvement of young leaders, holiday camps, interface between schools/parents and local cricket development groups)

#### Sustainability | Coach to Organize and Deliver

ECB cricket for teachers primary, teacher awareness session, parent awareness/education

### ENGLAND AND WALES CRICKET BOARD AND CRICKET FOUNDATION CHANCE TO SHINE

**CONTACT** | Bob Askey

**TITLE** | Performance and Pathway Manager

**TELEPHONE** | 07939 716884

**EMAIL** | b.askey@staffordshirecricket.co.uk

**WEBSITE** | www.staffordshirecricket.co.uk



**STAFFORDSHIRE  
CRICKET**



## Football

### Overview

The Staffordshire FA are able to deliver a variety of opportunities for Primary Schools which include competitions and festivals, CDP for teachers and leaders and specific sessions for groups with differing abilities. We can tailor programmes to suit the needs of the school and its pupils and provide specialist coaching support.

### CPD

We are able to support a tailored CPD programme to include a number of topics and football specific programmes. Some examples are:

- Futsal
- Small Sided Games
- Fundamentals
- Game related sessions
- FA Course taster sessions

### Coaching

The FA Skills team work across the County to support players aged 5-11 and provide in-school and after school coaching throughout the week. They also support teachers and leaders with CPD and provide ongoing support. We also have a Community Football Coach who supports special and mainstream schools with coaching for players with differing abilities.

### Competitions

The County FA support the School Games programme and work with the Staffordshire Schools FA to deliver competitions. We can also support schools leagues and festivals, inter school football and exit routes into local junior leagues.

### Club Links

Links can be established with local football clubs to further the support provided to schools. This can be in the form of in school coaching or exit routes for players into the clubs. Holiday programmes can be supported through these links and relationships built within the local community.

### THE FOOTBALL ASSOCIATION

**CONTACT** | Gemma Turner

**TITLE** | Football Development Officer (Children & Young People)

**TELEPHONE** | 01785 279828 (option 2)

**EMAIL** | [gemma.turner@staffordshirefa.com](mailto:gemma.turner@staffordshirefa.com),

**WEBSITE** | [www.staffordshirefa.com](http://www.staffordshirefa.com)





## Golf

### Links to Curriculum

A focus on Ofsted outcomes and the new programme of study, practical activities, inclusion, life skills and level 1 School Games

### Cost

£20 per person

### Process for Setting Course Up

If a school/cluster has enough attendees then Jason can be contacted directly and a course can be run specifically.

### Resources Received

- Teacher training CPD manual containing a 6 week scheme of work, level 1 School Games competition activities, ideas on building a school golf course, posters and suggestions for non-participants.
- Activity cards that reference PE activities as well as ideas for numeracy, literacy and SMSC.
- Inclusion cards through TOP Sportability.

### Additional Resources Available

- Tri-Golf equipment bag containing 10 chippers, 10 putters, foam and non-bounce balls, cones, foot tees, wheelie bag and game cards £198.85+VAT from [www.daviessport.org.uk](http://www.daviessport.org.uk).
- KS2 Numeracy pack - £10 each.

### Resources for Competition Available

- Level 1 activities built into teacher training CPD manual.

- Level 2 and 3 activities contained within School Games Toolkit.
- Ideas for Tri-Golf Super Sixes activities.
- Resources can also be found at: [www.golf-foundation.org](http://www.golf-foundation.org) and [www.yourschoolgames.com](http://www.yourschoolgames.com)

### Coaching | Tri Golf

The Golf Foundation deliver their activity via local golf clubs who have registered to become a HSBC Golf Roots Centre, you can visit the link below to search for your nearest centre: <http://www.golf-foundation.org/landing.asp?section=29&sectionTitle=Clubs>

In most cases Golf Roots Centres are provided with funding to deliver activity within schools, if this has already been allocated by the time you contact the club a coach would cost £25 per hour.

### What is the Process to Set it Up

Please contact Andy on the details below.

All other information can be found at [www.golf-foundation.org](http://www.golf-foundation.org)

### GOLF FOUNDATION

**CONTACT** | Andy Leigh

**TITLE** | Regional Development Officer

**TELEPHONE** | 07765 250550

**EMAIL** | [andy@golf-foundation.org](mailto:andy@golf-foundation.org)

**WEBSITE** | [www.golf-foundation.org](http://www.golf-foundation.org)





## Hockey

### CPD | QUICKSTICKS

#### Cost

Free on-line course, Face to face course £100 Tutor charge, Resources from £45 - £70

#### Process for Setting Course Up

For free courses : [www.playquicksticks.co.uk/teachers/teacher\\_training.php?cat\\_id=50&scat\\_id=65](http://www.playquicksticks.co.uk/teachers/teacher_training.php?cat_id=50&scat_id=65)

<http://in2hockey.englandhockey.co.uk/training.aspx>

Face to face course contact SGO/Feeder school to register interest or contact [simon.dowdy@englandhockey.co.uk](mailto:simon.dowdy@englandhockey.co.uk)

#### Resources Received

To be purchased separately from Youth Sport Direct

<http://shop.youthsportdirect.org/SearchResults.asp?Cat=1867>

### Coaching | Who is Available

England Hockey can help schools link with local clubs, coaching can then be arranged through link club.

There are a number of independent coaches working within Staffordshire that Schools can contact through England Hockey

### ENGLAND HOCKEY

**CONTACT** | Simon Dowdy

**TITLE** | Relationship Manager

**TELEPHONE** | 07718 980507

**EMAIL** | [simon.dowdy@englandhockey.co.uk](mailto:simon.dowdy@englandhockey.co.uk)

**WEBSITE** | [www.englandhockey.co.uk](http://www.englandhockey.co.uk)





## Netball

### CPD | HIGH 5 NETBALL

#### Overview

High 5 is the massively popular entry game of netball. It's a great way for kids to get active, enjoy themselves and make new friends. It's designed specifically for children, aged 9-11, and uses fun and variety to get them into the game, polish skills and aid fitness.

The High 5 Workshop is a 3 hour practical course with resources to take away including a DVD, resource cards with useful practices and fun games, a High 5 rules book and lots more.

This is great for teachers, coaches or parents who want to get involved.

#### Cost

£25 if affiliated to England Netball (£35 for un-affiliated participants). Affiliation is free for

Primary Schools. Please visit <http://mynet.EnglandNetball.co.uk/ProcessFlow/schoolregistration.aspx> to register your school.

Process for attending / setting up a High 5 Workshop: Please contact Stacy Mound.

Resources received: learner booklet, DVD and skills cards.

Free resources including rules book and rotation sheets are available to download at [www.EnglandNetball.co.uk/my-game/High\\_5/high-5-downloads](http://www.EnglandNetball.co.uk/my-game/High_5/high-5-downloads).

#### Coaching | Who is Available

England Netball can help schools link with local clubs, coaching can then be arranged through the club

Please contact Kate O'Leary to arrange for a coach to come into your school

#### ENGLAND NETBALL

**CONTACT** | Kate O'Leary

**TITLE** | Netball Development Officer  
(Staffordshire and South Staffordshire)

**TELEPHONE** | 07545 924957

**EMAIL** | [kate.o'leary@EnglandNetball.co.uk](mailto:kate.o'leary@EnglandNetball.co.uk)

**WEBSITE** | [www.EnglandNetball.co.uk/my-game/High\\_5](http://www.EnglandNetball.co.uk/my-game/High_5)







## Rugby

### Overview

Gives the coach/teacher basics in safety, warm ups and games. Emphasis on total inclusion of participants, Fun and Teamwork

### Cost

£21.50 per teacher

### Resources Received

Each Teacher receives a resource booklet, DVD and is awarded with Tag qualification

### Process for Setting Course Up

Contact Simon Hincks to book NEW course.

### RUGBY FOOTBALL UNION

**CONTACT** | Simon Hincks

**TITLE** | Rugby Development Manager

**TELEPHONE** | 07912 541471

**EMAIL** | [simonhincks@rfu.com](mailto:simonhincks@rfu.com)

**WEBSITE** | [www.rfu.com](http://www.rfu.com)





## Swimming

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### Resources

By signing up to the School Swimming Charter, a school will receive:

- School Swimming Charter document
- National Curriculum Resource Pack
- ASA School Charter Badges and Awards
- Waterproof Guidance Cards
- ASA School Charter Passport
- Aquasplash Festival Pack
- A School Swimming resource bag use to store all of the physical resources.

### Training

The National Curriculum Training Programme is for class teachers and other adults who are involved in the delivery of school swimming, and aims to make school swimming a success in your school by improving the quality of swimming teaching in schools. It equips school staff with the right skills and knowledge to deliver high quality school swimming lessons to help ensure that your school not only meets but exceeds the national curriculum requirements.

### Competitions

Aquasplash is designed to allow all young people to take part in aquatic competition. The festival is designed to be fully inclusive and there are options to increase or decrease the difficulty of events.

### School Swimathon

Schools can take the plunge and challenge their pupils to swim further than ever before, while improving their technique in the water, by taking part in School Swimathon. The ASA has a limited number of places for schools to not only take part, but also to receive resources provided by The Swimathon Foundation to motivate and reward pupils.

### THE ASA

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**CONTACT** | Nick Farmer

**TITLE** | Aquatic Officer, Central Division

**TELEPHONE** | 07818 021 014

**EMAIL** | [nick.farmer@swimming.org](mailto:nick.farmer@swimming.org)

**WEBSITE** | [www.swimming.org/schoolswimming](http://www.swimming.org/schoolswimming)

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## Tennis

### Overview

The tennis' offer for primary schools aims to help your school access support and resources to deliver fun, exciting and inclusive tennis activities for all your pupils. For more information, please download the Guide to Schools Tennis 2014 which provides an overview of all the resource and support available from the Tennis Foundation and LTA, or visit [www.schoolstennis.org](http://www.schoolstennis.org)

Through British tennis' schools programme, the Tennis Foundation and LTA aim to:

- Increase and improve tennis participation in schools.
- Remove barriers by training teachers to deliver tennis in confined spaces.
- Create a sustainable legacy for young people to continue playing in the community.

### Why Tennis?

- Tennis is fun, great for fitness and can be played by all ages and abilities - boys and girls can play together, so it's ideal for mixed classes.
- You don't need tennis courts to play - it can be played in school halls, playgrounds or sports halls!
- Every one of your pupils can achieve through tennis and there are lots of resources available to support you, to inspire them!

### British Tennis' Schools Programme

- British tennis' schools programme provides FREE teacher training, resources and equipment to help more teachers get more pupils playing tennis.
- Since 2009 20,419 schools have been supported
- 94% of schools are delivering tennis / more tennis as a result (independent YouGov research, February 2015)

### ENGLAND TENNIS

**CONTACT** | Paul Williams

**TITLE** | Schools Tennis Manager

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**WEBSITE** | [www.schoolstennis.org](http://www.schoolstennis.org)

**CONTACT** | Paul Cummins

**TITLE** | Regional Tennis Education Officer (Midlands)

**TELEPHONE** | 07957 959506

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**WEBSITE** | [www.schoolstennis.org](http://www.schoolstennis.org)



## Volleyball

### CPD | VOLLEYBALL ENGLAND

#### Overview

Volleysport, Mini Volley and Super Mini Volley are 4-hour courses designed for teachers with little or no experience of volleyball working at Key Stage 1 and 2. They are also for coaches working with groups who are starting volleyball for the first time.

The courses aim to introduce candidates to the fundamentals of movement and sending/receiving skills through the development of basic tactical concepts for attacking and defending. Modified games of 1 v 1 and 2 v 2 are explored using a set of specially designed activity cards. With a strong emphasis on teaching methodology creative approaches to improving leadership skills through communication, use of rules, equipment and group/session organisation are explored. The course is not examined and an attendance certificate is awarded to those who complete the course.

#### Volleysport (4 hours)

This workshop introduces teachers to the game. You will gain an understanding of the rules, equipment and how to run sessions. The workshop comes with a resource pack full of fun warm up sessions and game based activities demonstrated by our experienced tutor. Without the pressure of assessments, this a fun and relaxed practise to kick-start volleyball in your school.

#### Mini Volley (4 hours)

This workshop offers teachers the opportunity to progress and develop their volleyball knowledge by understanding the 3v3 version of the game. With the guidance of our highly trained tutor and resource

packs, you will gain a clear understanding of how to deliver Mini Volley to your students.

#### Super Mini Volley (4 hours)

This workshop will teach you our 4v4 version of the game. Super Mini Volley is a recognised competition format for the youth and is the key bridge between mini versions and the full 6v6 game. Our accomplished tutor will deliver a clear understanding of the game aided by resource packs for you to take away and use in the future

#### Cost

- Duration - 4 hours per course
- Cost of tutor for 4 hour delivery: £140 + Expenses
- Cost of resources: £20 per person (Members), £30 per person (Non – Members). Plus Postage.

#### Resources Received

Available to buy on line via the Volleyball England Shop

### VOLLEYBALL ENGLAND

**CONTACT** | Liz Fletcher

**TITLE** | Relationship Manager

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**WEBSITE** | www.volleyballengland.org



# School Games

The School Games is a key Government priority for 'realising a meaningful sporting legacy from the 2012 Olympic and Paralympic Games'. It offers a unique opportunity to motivate and inspire millions of young people across the country to take part in more competitive school sport.

The Games are made up of three levels of activity: competition in schools, between schools, at county/area level and a national event for the most talented young people in the UK:

- Intra-school (Level 1) - sporting competition for all students in school through intra-school competition
- Inter-school (Level 2) - individuals and teams are selected to represent their schools in local inter-school competitions
- School Games Festivals (Level 3) - the county/area will stage multi-sport School Games Festivals as a culmination of year-round school sport competition

Last year around 1,500 young people from Staffordshire and Stoke-on-Trent took part in School Games events in a range of sports culminating in an Olympic style event at Keele University.

A comprehensive year round calendar of competitions is organised by School Games Organisers in your area. For contact details please see the 'key contacts' below. Schools can register to be involved in the School Games by visiting

[www.yourschoolgames.com/your-school](http://www.yourschoolgames.com/your-school)



## SCHOOL GAMES ORGANISERS

### Cannock and Rugeley

**CONTACT** | Anthony Bunn  
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### East Staffordshire

**CONTACT** | Caroline Smith  
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**TELEPHONE** | 07502 039072

### Lichfield and Burntwood

**CONTACT** | Vicky Wilkes  
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**TELEPHONE** | 01543 685828 x107

### Newcastle-under-Lyme

**CONTACT** | Carl Inskip  
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### North Stoke

**CONTACT** | Nigel Edwards  
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### South Staffordshire

**CONTACT** | Chris Wood  
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**TELEPHONE** | 07876 541730

### South Stoke

**CONTACT** | Steve Glover  
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**TELEPHONE** | 07793 891029

### Stafford and Stone

**CONTACT** | Darren Chadwick  
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**TELEPHONE** | 01785 258383

### Staffordshire Moorlands

**CONTACT** | Zoe Harp  
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**TELEPHONE** | 07879 070419

### Tamworth

**CONTACT** | Jim Tipper  
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**TELEPHONE** | 07710 493134



Chris Milward  
Youth Sport Manager

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