

Issue 15, Version 1

Date: 1st December 2015

# Short Breaks in Staffordshire (Aiming High)

## Activity Guide

January - March 2016

Activities for children and young people with a disability or special educational need and their families in Staffordshire



**Welcome** to the Aiming High Activity Guide. To help with planning, Aiming High activities are displayed in the calendars starting on page 4. For full details of our activities please see the listings starting on page 7.

### [1. Who can take part and do parents/carers have to stay?](#)

Activities are open to children and young people with a disability or special educational need aged up to and including 17, who live in Staffordshire. Parents/carers must stay with their child for some of the activities. For other activities, parents/carers and siblings are also welcome to take part if they choose. Please see individual adverts for more details.

### [2. Is there a charge for activities?](#)

The majority of Aiming High activities are completely FREE, however, a voluntary contribution is requested by some providers. Where applicable this will be highlighted in the individual adverts.

### [3. How to book places and find out more information](#)

**Providers handle all of their own bookings and so to book places please contact the providers listed directly. You do not need to register with the Aiming High Team first.**

If you are unsure about whether any of the activities will be suitable please speak to our providers who will be happy to answer questions or talk through any concerns you have.

**If you book an activity and can no longer attend you MUST let the provider know with as much notice as possible. When places are booked and then not taken up it means other families have missed out and it also wastes money for short breaks.**

### [4. Keeping up to date with Aiming High Activities](#)

To receive activity updates via email please call 01785 278072 or email [aiminghigh@staffordshire.gov.uk](mailto:aiminghigh@staffordshire.gov.uk)

Further information on Aiming High is available on our website at:  
[www.staffordshire.gov.uk/aiminghigh](http://www.staffordshire.gov.uk/aiminghigh)

**Please see page 3 for an important update on next years Aiming High Activities...**



## Aiming High: The Future Offer

Firstly, we want to take this opportunity to say 'thank you' to all children/young people and parents/carers who took the time to feedback their views on Staffordshire's current Aiming High Activities Programme. We've used this feedback to shape our future Community Short Breaks Offer which we will launch in April 2016.

We published our first update about the future offer in early November (a copy can be found at: [www.staffordshire.gov.uk/aiminghigh](http://www.staffordshire.gov.uk/aiminghigh))

We thought it might be useful to give you a few highlights of the feedback we've received so far, and what this means for the future:

1. We will be keeping the name 'Aiming High'.
2. We will redesign our Aiming High Activity Guide.
3. We will be introducing a 'Broker' - this is somebody who will provide support (for a time limited period) to help some parents and carers identify local activities and opportunities.
4. We will introduce a single point of booking for all Aiming High activities.
5. We will introduce the Aiming High Offer—meaning parents and carers will be able to access a number of free activities in the first instance. If you want to access any more, you can, but there will be a financial charge. We will be working with our Providers to shape this cost to ensure it is fair and equal.
6. Young people aged 18-25 years old (in certain circumstances) will be able to access some Aiming High activities.
7. We have asked Providers who might want to deliver Aiming High activities in the future to think about where they deliver activities, as we don't always have an equal distribution across Staffordshire at the minute.
8. We have asked Providers who might want to deliver Aiming High activities in the future to think about their skills and training, so we can deliver more activities for children and young people with SEND to attend independently of their parents and carers.

Following on from the release of our document in November, we have received a number of questions from parents and carers so we will be releasing a 'Frequently Asked Questions and Answers' shortly. We plan to release regular updates as our future Aiming High offer develops. We'll put a copy of all these documents on our Webpages and send a copy to all those on our Mailing List.

Over the next few weeks and months, we want to work in partnership with parents and carers in order to:

- Evaluate the responses received from Providers to determine who will deliver our Aiming High Activities in the future.
- Co-design our new Aiming High Activity Guide with parents/carers.
- Review and design our Short Breaks Statement.

We'll publish specific details in the next few weeks. If you want to find out more or are interested in taking part, please contact us at: [aiminghigh@staffordshire.gov.uk](mailto:aiminghigh@staffordshire.gov.uk) or call **01785 278072**.

Best wishes

The Aiming High Team

# January 2016

Mon	Tues	Wed	Thur	Fri	Sat	Sun
				<p><b>1</b></p>	<p><b>2</b> Golf (page 7) Inspire Club (page 24)</p>	<p><b>3</b> Inspire Club (page 24) Inspire Club (page 25)</p>
<p><b>4</b> Golf (page 7)</p>	<p><b>5</b></p>	<p><b>6</b></p>	<p><b>7</b> Able Too FC (page 7) Chase It! (page 21) Inspire Club (page 23)</p>	<p><b>8</b></p>	<p><b>9</b> Golf (page 7) ACTION Workshop (page 15) Playscheme (page 15) Stay &amp; Play (page 18) Youth Club (page 18) Inspire Club (page 23)</p>	<p><b>10</b></p>
<p><b>11</b> Golf (page 7) Bowling (page 16)</p>	<p><b>12</b></p>	<p><b>13</b></p>	<p><b>14</b> Able Too FC (page 7) Chase It! (page 21)</p>	<p><b>15</b></p>	<p><b>16</b> Golf (page 7) Inspire Club (page 23) Inspire Club (page 24)</p>	<p><b>17</b> Inspire Club (page 24) Inspire Club (page 25)</p>
<p><b>18</b> Golf (page 7)</p>	<p><b>19</b></p>	<p><b>20</b></p>	<p><b>21</b> Able Too FC (page 7) Chase It! (page 21) Inspire Club (page 23)</p>	<p><b>22</b></p>	<p><b>23</b> Golf (page 7) Playscheme (page 15) Stay &amp; Play (page 18) Youth Club (page 18) Inspire Club (page 23)</p>	<p><b>24</b></p>
<p><b>25</b> Golf (page 7)</p>	<p><b>26</b></p>	<p><b>27</b></p>	<p><b>28</b> Able Too FC (page 7) Chase It! (page 21)</p>	<p><b>29</b></p>	<p><b>30</b> Golf (page 7) Pizza/Cookie Making (page 8) Inspire Club (page 23) Inspire Club (page 24)</p>	<p><b>31</b> Water World (page 16) Inspire Club (page 24) Inspire Club (page 25)</p>

# February 2016

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<b>1</b> Golf (page 7)	<b>2</b>	<b>3</b>	<b>4</b> Able Too FC (page 7) Chase It! (page 21) Inspire Club (page 23)	<b>5</b>	<b>6</b> Golf (page 7) Playscheme (page 15) Stay & Play (page 18) Youth Club (page 18) Inspire Club (page 23)	<b>7</b> Climbing (page 8) Trentham (page 16)
<b>8</b> Golf (page 7)	<b>9</b>	<b>10</b>	<b>11</b> Able Too FC (page 7) Chase It! (page 21)	<b>12</b>	<b>13</b> Golf (page 7) Inspire Club (page 23) Inspire Club (page 24)	<b>14</b> Inspire Club (page 24) Inspire Club (page 25)
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
<b>HALF TERM</b>						
Golf (page 7) Wildplay (page 13) Film Workshop (page 19) Football (page 8)	Multi Activity (page 9) Wildplay (page 13) Playscheme (page 16) Multi Sports (page 17) Farm Visit (page 19) Football (page 8)	Multi Activity (page 9) Multi Sports (page 17) Football (page 8)	Multi Activity (page 9) Golf (page 7) Wildplay (page 13) Multi Sports (page 17) Farm Day (page 20)	Multi Activity (page 9) Multi Sports (page 17)	Golf (page 7) Playscheme (page 15) Stay & Play (page 18) Youth Club (page 18) Farm Day (page 20) Inspire Club (page 23)	Golf (page 7) Inspire Club (page 23) Inspire Club (page 24)
<b>22</b> Golf (page 7)	<b>23</b>	<b>24</b>	<b>25</b> Able Too FC (page 7) Chase It! (page 21)	<b>26</b>	<b>27</b> Golf (page 7) Inspire Club (page 23) Inspire Club (page 24)	<b>28</b> Inspire Club (page 24) Inspire Club (page 25)
<b>29</b> Golf (page 7) Bowling (page 16)						

# March 2016

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7 Golf (page 7)	8	9	10 Able Too FC (page 7) Chase It! (page 21)	11	12 Golf (page 7) Swimming (page 16) Inspire Club (page 23) Inspire Club (page 24)	13 Inspire Club (page 24) Inspire Club (page 25)
14 Golf (page 7)	15	16	17 Able Too FC (page 7) Chase It! (page 21) Inspire Club (page 23)	18	19 Golf (page 7) Fun Days (page 14) Playscheme (page 15) Stay & Play (page 18) Youth Club (page 18)	20 Inspire Club (page 24)
21 Golf (page 7) Bowling (page 16)	22	23	24 Able Too FC (page 7) Chase It! (page 21)	25	26 Golf (page 7) Inspire Club (page 23) Inspire Club (page 24)	27 Cinema/Lunch (page 16) Inspire Club (page 24) Inspire Club (page 25)
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## Golf

Golf for the whole family. All golf equipment is provided free of charge. No experience necessary.

**Provider:** The Golf Academy.

**Venue:** The Range, Wood Farm, Broad Lane, Essington, Near Wolverhampton, WV11 2RJ.

**When:**

1. **Monday's** (5 - 7pm) and **Saturday's** (3 - 5pm).

2. **Holiday Club - Thursday 18th February** (10am-1pm)

**Available to:** 6-17 year olds. Parents/carers and siblings also welcome. Activities are suitable for young people with a wide range of disabilities and support needs. Please contact Craig to discuss individual needs.

**\*This activity is free of charge\*. BOOKING IS ESSENTIAL.**

**Contact:** Craig Thomas - 07973 798483  
[info@thegolfacademy.co.uk](mailto:info@thegolfacademy.co.uk)



## Able Too United Junior Football Club

Football activities, team games and league matches. All footballing ability levels welcome.



**Provider:** Able Too Forum/  
Burton Albion Community Trust.

**Venue:** Shobnall Leisure Complex, Burton, DE14 2BB.

**When: Thursday evenings during term time:**

**January** - 7<sup>th</sup>, 14<sup>th</sup>, 21<sup>st</sup>, 28<sup>th</sup>

**February** - 4<sup>th</sup>, 11<sup>th</sup>, 25<sup>th</sup>

**March** - 3<sup>rd</sup>, 10<sup>th</sup>, 17<sup>th</sup>, 24<sup>th</sup>

- 5-16 year olds, 5-7pm
- 16 and 17 year olds, 6-8pm

**Available to:** 5-17 year olds. Activities are suitable for young people with a wide range of disabilities and support needs.

**\*This activity is free of charge\*. BOOKING IS ESSENTIAL.**

**Contact:** Neil Brown - 01283 508192  
[neil.brown@eaststaffsbc.gov.uk](mailto:neil.brown@eaststaffsbc.gov.uk)

## Holiday Football Clubs

Learn new skills and play lots of fun games at our fun holiday clubs.



**Provider:** Burton Albion Community Trust.

**Venue:** Burton Albion Community Hub, Casey Lane, Burton, DE14 2ER.

**When:** 10am-2pm on:

- **Monday 15<sup>th</sup> February**
- **Tuesday 16<sup>th</sup> February**
- **Wednesday 17<sup>th</sup> February**

**Available to:** 5-17 year olds. Parents/carers and siblings are also welcome to attend if they wish. One to one care cannot be provided.

Participants will need to bring a packed lunch, snacks and drinks for the day.

**\*This activity is free of charge\*.**

**BOOKING IS ESSENTIAL.**

**Contact:** Aaron Gordon - 01283 565938  
[healthbact@burtonalbionfc.co.uk](mailto:healthbact@burtonalbionfc.co.uk)

## Activities for Young People with a Visual Impairment



**Provider:** Specialist Support Service (Visual Impairment Team).

**1. Saturday 30<sup>th</sup> January (4-6pm)** - Pizza and Cookie Making at Springslade Lodge, Cannock Chase.

**2. Sunday 7<sup>th</sup> February (1.45-3.45pm)** - Climbing at Wolf Mountain indoor climbing wall in Wolverhampton.

**More activities will also be taking place until the end of March. For details of these please contact Alison Smith.**

**Available to:** 5-17 year olds with a visual impairment. Siblings also welcome.

**\*This activity is free of charge\*.**

**BOOKING IS ESSENTIAL.**

**Contact:** Alison Smith - 01785 356830 or 07813 538330.



## Caudwell Key Steps

A fun programme of activities which can lead to accredited certification through ASDAN (Award Scheme, Development and Accreditation Network).



**Provider:** Caudwell Children.

Area	Date	Time	Activity
<b>South Staffs</b> Wombourne Library, Church Road, Wombourne, WV5 9EZ.	<b>16<sup>th</sup> February</b>	10am-2pm	Multi Activity Programme
<b>Tamworth</b> DAC Activity Centre, Deltic Road, Tamworth B77 2HJ.	<b>17<sup>th</sup> February</b>	10am-2pm	Multi Activity Programme
<b>Moorlands</b> St Pauls Church, Novi Lane, Leek, ST13 6NR.	<b>18<sup>th</sup> February</b>	10am-2pm	Multi Activity Programme
<b>Cannock</b> Cheslyn Hay Village Hall, Pinfold Lane, Cheslyn Hay, Cannock, WS6 7HP.	<b>19<sup>th</sup> February</b>	10am-2pm	Multi Activity Programme

**Available to:** 8-17 year olds and their parents/carers. Personal care cannot be provided. Sessions are staffed with trained volunteers who are there to support and supervise children at all times.

**\*This activity is free of charge\*. BOOKING IS ESSENTIAL.**

**Contact:** Caroline Evans - 01782 600263 or [caroline.evans@caudwellchildren.com](mailto:caroline.evans@caudwellchildren.com)

## Action for Children Mentoring Service

**Provider:** Action for Children.

**Venue/When:**



### 1. Mentoring

1:1 support for young people to access community, leisure and social opportunities to help develop social skills, independence, self-esteem and build confidence. Activities take place at various times throughout Staffordshire.

### 2. Swimming

Every other Thursday (5.30-8pm) at Rugeley Leisure Centre.

Support for young people to access the Disability Swim session. There will be coaching and advice from a trained instructor to support the young people to learn to swim or develop their existing skills as well as time to just enjoy splashing about and have some team fun. There will also be time for the children and young people to grab something to eat and chat.

**Available to:** 0-17 year olds. Parents/carers do not need to attend.

**\*This activity is free of charge\*.**

**BOOKING IS ESSENTIAL.**

**Contact:** 01543 510145

## Action for Children Activities



**Provider:** Action for Children.

### 1. Activity Days and Day Trips

Every Saturday (10am-3pm) in South Staffs, East Staffs, Lichfield and Tamworth for 5-17 year olds.

Fun activities including bowling, trips to farms, parks, zoo's as well as cinema visits, outdoor pursuits, multi sports and much more. Activities encourage the development of independence and social skills. Where necessary, groups will be split into age groups (5-11 and 12-17).

### 2. Youth Clubs

**Woodville Youth Club, Burton** - every Thursday during term time (6.30-8.30pm) for 12-17 year olds.

These activities are aimed more specifically at teenagers, offering important time with friends, promoting self-esteem and developing practical life skills.

**Tamworth** - every Wednesday during term time (6-9pm) for 12-17 year olds living in the Tamworth area. Activities include Zumba, cinema, bowling, eating out, swimming and other activities chosen by the young people.

### 3. Inspire Multi Sport Clubs

Supporting young people to access the Aiming High multi sports sessions run by Sport Across Staffordshire and Stoke on Trent in Leisure Centres across Staffordshire. For information on Inspire Clubs please see pages 22-25.

### 4. School Holiday Playschemes for 8 years+

At Charnwood Childrens Centre, Lichfield and Springhill Childrens Centre, Burntwood. Activities include arts & crafts, drama, pamper sessions, music, cooking and science and give opportunities for young people with complex needs to use the sensory resources and equipment.

### 5. School Holiday Trips

Days out to exciting places including West Midlands Safari Park, Drayton Manor, Alton Towers, Think Tank and Beaudesert Camp.

**\*This activity is free of charge\*. BOOKING IS ESSENTIAL.**

**Available to:** Young people living in East Staffs, South Staffs, Lichfield and Tamworth. Please see above for information on ages

**Contact:** For more information please call 01543 510145.

## Sahara Group Activities

Lots of fun activities including trips out and parent support group meetings.

**Provider:** Hawthorns Resource Centre (Sahara Group).

**Venue/When:**

**For details of activities taking place please contact Kim.**

**\*This activity is free of charge\*.**

**BOOKING IS ESSENTIAL.**

**Available to:** 0-12 year olds from East Staffordshire and their parents/carers and siblings.

Activities are suitable for children with a wide range of disabilities and support needs.

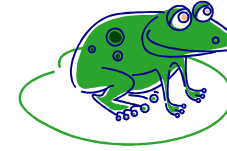
Additional places will be available to children and young people from other areas.

Please contact Kim for more information on this.

**Contact:** Kim Billingham - 01283 845237.



## Wildplay



Lots of outdoor fun activities! Build a den, climb trees, have a go at outdoor crafts and lots more!

**Provider:** Staffordshire Wildlife Trust.

1. **Highgate Common, South Staffs - Monday 15th February** (10am-3pm) (Half Term)

Venue: Highgate Common, Cory Community Building, Highgate Road, Near Wombourne, DY7 5BS.

Contact: Sarah on 07854 567704  
[education@staffs-wildlife.org.uk](mailto:education@staffs-wildlife.org.uk)

2. **Apedale, Newcastle - Tuesday 16th February** (10am-3pm) (Half Term)

Venue: Apedale Country Park, Loomer Road, Newcastle, ST5 7JS.

Contact: Sarah on 07854 567704  
[education@staffs-wildlife.org.uk](mailto:education@staffs-wildlife.org.uk)

3. **Wolseley Centre, Stafford - Thursday 18th February** (10am-3pm) (Half Term)

Venue: The Wolseley Centre, Wolseley Bridge, Stafford, ST17 0WT.

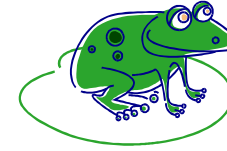
Contact: Mark on 01889 880105  
[m.slaughter@staffs-wildlife.org.uk](mailto:m.slaughter@staffs-wildlife.org.uk)

**Available to:** 8-14 year olds. This activity is accessible for young people with a wide range of disabilities and support needs. Parents and carers do not need to stay. Support with personal care needs is not available, however, parents/carers are welcome to attend with young people who need this support. All sites have a disabled toilet and are accessible for young people who use a wheelchair but please discuss this with the activity leader when booking. Please wear suitable outdoor clothing and footwear and bring a packed lunch and snacks etc.

**\*This activity is free of charge\*. BOOKING IS ESSENTIAL.**

**Contact:** Please see above for contact details for each venue.

## Family Fun Days



These events are open to all the family to enjoy and have a go at fun, outdoor activities.

**Provider:** Staffordshire Wildlife Trust.

### 1. Apedale, Newcastle - Saturday 19th March (10am-1pm)

Venue: Apedale Country Park, Loomer Road, Newcastle, ST5 7JS.

Contact: Sarah on 07854 567704  
[education@staffs-wildlife.org.uk](mailto:education@staffs-wildlife.org.uk)

### 2. Wolseley Centre, Stafford - Saturday 19th March (11am-2pm)

Venue: The Wolseley Centre, Wolseley Bridge, Stafford, ST17 0WT.

Contact: Mark on 01889 880105  
[m.slaughter@staffs-wildlife.org.uk](mailto:m.slaughter@staffs-wildlife.org.uk)

**Available to:** Children and young people up to the age of 17 with a disability/additional need and their families. Parents/carers must stay. The whole family is welcome to come along.

**\*This activity is free of charge\*.**

**BOOKING IS ESSENTIAL.**

**Contact:** Please see above for contact details for each venue.

## ACTION Workshop

Workshop that includes filming, editing, stop frame animation, script writing, iPads and musical instruments.



**Provider:** Gifted Workshops.

**Venue:** Elim Church Hall, Silverdale, Newcastle, ST5 6LY.

**When:** **Saturday 9th January** (3 - 5pm).

**Available to:** 5-17 year olds. Parents/carers and siblings can also join in if they wish.

Disabled toilets and ramps are available at the venue.

**\*This activity is free of charge\*.**

**BOOKING IS ESSENTIAL.**

**Contact:** Daf - 07970 770990  
[daf@giftedworkshops.com](mailto:daf@giftedworkshops.com)



## Tamworth Weekend Playscheme

Various activities available including arts and crafts, bouncy castle and more.



**Provider:** Core Assets Children's Services.

**Venue:** Rawlett School, Comberford Road, Tamworth, B79 9AA.

**When:** Saturdays, 10am-2pm:

- **January** - 9th and 23rd
- **February** - 6th and 20th
- **March** - 5th and 19th

Children aged 5 – 8 can stay for 2 hours per session.  
 Children aged 8+ can stay for 4 hours per session.

**Available to:** 5-17 year olds. Please see above for more details on age groups.

Parents/carers do not need to stay.

Activities are suitable for young people with a wide range of disabilities and support needs. Support for children who require personal care is available.

**\*This activity is free of charge\*.**

**BOOKING IS ESSENTIAL.**

**Contact:** Judith - 07901 008759

## Activities for Young People in Stafford, Staffordshire Moorlands and Newcastle

**Provider:** Crossroads Care Staffordshire.



**1. Day Trip to Water World - Sunday 31<sup>st</sup> January** (10am-1pm)  
(This activity is not suitable for wheelchair users)

**2. Day Trip to Trentham Gardens - Sunday 7<sup>th</sup> February** (11am-2pm)  
(Please note there are no hoist facilities at this venue)

**3. Swimming at Dimensions - Saturday 12<sup>th</sup> March** (3.30pm- 5.30pm)

**4. Tenpin Bowling at Festival Park - Monday 11<sup>th</sup> January, Monday 29<sup>th</sup> February, Monday 21<sup>st</sup> March** (6-8pm )  
(Please note there are no hoist facilities at this venue)

**5. Valentines Playscheme at Crossroads - Tuesday 16<sup>th</sup> February** (10am-3pm)

**6. Cinema and Lunch (venues TBC) - Sunday 27<sup>th</sup> March** (10am-1pm)  
(Please note there are no hoist facilities at this venue)

**Available to:** 8-17 year olds living in Stafford, Staffordshire Moorlands and Newcastle. Booking priority will be given to families who have not accessed Crossroads activities before.

Activities are suitable for young people with a wide range of disabilities and support needs, including those with complex needs. Activities are staffed by fully trained and experienced Carer Support Workers. This means that for a large number of activities families can leave their child/young person with Crossroads, as they support with all personal care and other support needs. Crossroads staff will discuss with you in more detail the level of support that can be provided at each of the venues.

**Free transport** is also available to families where this is a barrier. If spaces are available they may be offered to children and young people living in other areas of Staffordshire.

**\*This activity is free of charge\*. BOOKING IS ESSENTIAL.**

**Contact:** To book a place please contact **01782 268391**. A team leader from Crossroads will then arrange a visit to discuss your support needs. Following this you will receive confirmation of your booking.

**Suitable for young people  
with complex needs**



## Multi Sports Holiday Clubs



Fun games, skills, competitions and much more.  
Sessions will be adapted to suit the needs of the young people.

**Provider:** Staffordshire FA.

Venue	Dates
<b>Tamworth</b> Wilnecote Leisure Centre, Tamworth, B77 5LF.	<b>Tuesday 16th February</b> - (10.30am-2.30pm) (Half Term)
<b>Stafford</b> Stafford Manor High School, Wolverhampton Road, Stafford, ST17 9DJ.	<b>Wednesday 17th February</b> - (10.30am-2.30pm) (Half Term)
<b>Burntwood</b> Burntwood Leisure Centre, High Street, Chasetown, Burntwood, WS7 3XH.	<b>Thursday 18th February</b> - (10.30am-2.30pm) (Half Term)
<b>Kidsgrove</b> Kidsgrove Sports Centre, Fourth Avenue, Kidsgrove, Stoke on Trent, ST7 1DR.	<b>Friday 19th February</b> - (10.30am-2.30pm) (Half Term)

**Available to:** 5-16 year olds (older young people may be considered if spaces are available).  
Activities are suitable for young people with a wide range of disabilities and support needs.  
Support with personal care needs is not available. Parents/carers and siblings also welcome.

**\*This activity is free of charge\*. BOOKING IS ESSENTIAL.**

**Contact:** Mark Knight - 01785 279831 or 07816 536446  
[Mark.Knight@staffordshirefa.com](mailto:Mark.Knight@staffordshirefa.com)

## After School Football Clubs

**Provider:** Staffordshire FA.



**Venue:** Various venues. Any schools, colleges or community groups interested in offering these sessions should contact Mark using the contact details below.

**When:** Times vary at each venue.

**Available to:** 5-17 year olds. Activities are suitable for young people with a wide range of disabilities and support needs.

Parents/carers and siblings also welcome.

**\*This activity is free of charge\*.**

**BOOKING IS ESSENTIAL.**

**Contact:** Mark Knight - 01785 279831 / 07816 536446  
[Mark.Knight@staffordshirefa.com](mailto:Mark.Knight@staffordshirefa.com)

## Stay and Play Club

Drop in sessions featuring sensory room, arts and crafts, bouncy play and more. Clubs are supported by staff and volunteers trained to work with individuals with Autism.



**Provider:** Stafford Branch of the National Autistic Society.

**Venue:** Littleworth Community Centre, St Thomas Street, Stafford, ST16 3UU.

**When:** Saturdays (10.30am - 12.30pm) on:

- **January** - 9th and 23rd
- **February** - 6th and 20th
- **March** - 5th and 19th

**Available to:** Children up to 11 years old with an Autistic Spectrum Disorder and their families.

Disabled toilets are available at the venue.

**\*Voluntary contribution £1 per child\*.**

### Contact:

Mandy Binns - 07789 032153

Sarah Binks - 07760 891699

[stafford@nas.org.uk](mailto:stafford@nas.org.uk)

Facebook - NAS Stafford Branch

## Youth Club

Regular trips out and sessions at the Littleworth Community Centre, Stafford. Make friends, have fun and do all sorts of different and exciting activities including cookery, arts and crafts and more.



Clubs are supported by staff and volunteers trained to work with individuals with Autism.

**Provider:** Stafford Branch of the National Autistic Society.

**Venue:** Littleworth Community Centre, St Thomas Street, Stafford, ST16 3UU. Plus day trips at various venues.

**When:** Saturday afternoons (for times please contact Mandy/Sarah).

- **January** - 9th and 23rd
- **February** - 6th and 20th
- **March** - 5th and 19th

**Available to:** 11-16 year olds with an Autistic Spectrum Disorder. Staff and volunteers provide support so parents/carers do not need to stay. Disabled toilets are available at the Community Centre.

**\*Voluntary contribution £1 per child\*. BOOKING IS ESSENTIAL.**

### Contact:

Mandy Binns - 07789 032153

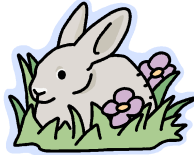
Sarah Binks - 07760 891699

[stafford@nas.org.uk](mailto:stafford@nas.org.uk)

Facebook - NAS Stafford Branch

## Farm Visit

Meet and feed our animals, winter wildlife watch as well as making your own pizza for lunch. Lots of family fun!



**Provider:** Chase Aqua Rural Enterprise (CARE).

**Venue:** CARE, Lower Drayton Farm, Penkridge, ST19 5RE  
- **Please note this is CARE's new venue.**

**When:** **Tuesday 16th February (10am-1pm) (Half Term)**

**Available to:** 5-17 year olds and their parents/carers and siblings. Activities are suitable for young people with a wide range of disabilities and support needs.

Please make sure that you wear warm clothing and footwear.

**\*This activity is free of charge\*.**

**BOOKING IS ESSENTIAL.**

**Contact:** Carol Parkes - 07772 273033  
[carolparkes@chaseaquaruralenterprise.com](mailto:carolparkes@chaseaquaruralenterprise.com)

## Chuckle Film Workshop



Come and join our Chuckle Team with this film making workshop which includes creating your own film on DVD.

**Venue:** Chuckle House, Unit 10, Stone Enterprise Park, Emerald Way, Stone, ST15 0SR.

**When:** **Monday 15th February (10am-4pm) (Half Term)**

**Available to:** 10-17 year olds. Parents/carers do not need to stay.

Please bring a packed lunch.

**\*Voluntary contribution of £2.50 per child is requested\*.**

**BOOKING IS ESSENTIAL.**

**Contact:** Sara - 07837 741510  
[fun@chuckleproductions.org](mailto:fun@chuckleproductions.org)

## Farm Activity Days

Come and join us for a family day out at the farm, where you will have the chance to take part in lots of fun activities.

**Provider:** DW Cope Partners.

**Venue:** Beaudesert Park Farm, Upper Longdon, Rugeley, WS15 4LN.

**When:**

**1. Little Red Hen Day for children up to the age of 7 and their families - Saturday 20th February** (10am-1.30pm).

Pizza making, arts and crafts and a chance to meet the farm animals. Lunch is included.

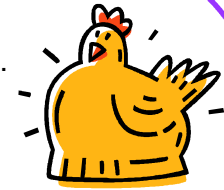
**2. Bakery Day for 5-17 year olds and their families - Thursday 18th February** (10am-2pm).

Baking activity, arts and crafts and a chance to see the farm animals. Please bring a packed lunch with you. Drinks are provided.

**Available to:** Please see above for age ranges. Activities are suitable for children and young people with a wide range of disabilities and support needs. Parents/carers must stay with their children throughout the activity. The venue has accessible toilets and all areas to be visited are suitable for wheelchairs.

**\*This activity is free of charge\*. BOOKING IS ESSENTIAL.**

**Contact:** Mary Cope - 07984 716494  
[beaudesertparkfarm@gmail.com](mailto:beaudesertparkfarm@gmail.com)



## Chase It! Activities

Lots of activities including Trampolining, X Biking and Day Camps during the school holidays.

**Provider:** Chase It! (Wigan Leisure and Culture Trust).

**Venue:** Various venues in the Cannock Chase area.

**When:**

- **Activity Session** - Thursdays at Chase Leisure Centre, Cannock (6-8pm, term time only.)
- **Special Friends Club** - Thursdays at SNAP, Cannock (3.30-5.30pm).
- **February Half Term Holiday Activities** - activities will be running daily throughout February Half Term. Please contact Debbie Pearce for more information.

**Available to:** 5 - 17 year olds. Activities are suitable for young people with a wide range of disabilities and support needs. Support for children with personal care needs is available.

Siblings/parents/carers are welcome to attend some activities - please contact Debbie Pearce for more information.

**Booking priority will be given to children and young people living in the Cannock area, however, if spaces are available they may be offered to those in other areas of Staffordshire.**

**\*Activities are free for children and young people living in the Cannock area who have a disability/additional need\*.**

**BOOKING IS ESSENTIAL.**

**Contact:** Debbie Pearce - 01543 501520



## Inspire Clubs

Range of fun activities provided at each club e.g. swimming, soft play, multi sport and much more. To find out what is on offer at individual clubs please contact Sport Across Staffordshire and Stoke on Trent using the contact details below.



**Provider:** Sport Across Staffordshire and Stoke on Trent.

**Venue:** Please see pages 23-25 for full listings.

**When:** Please see pages 23-25 for full listings.

**Available to:** 5-17 year olds and their parents/carers and siblings. Activities are suitable for young people with a wide range of disabilities and support needs. Facilities include disabled toilets and ramps.

Please ensure that everybody attending the sessions wears appropriate clothing and non marking flat shoes (ideally trainers).

**\*This activity is free of charge\*.**

**\*\*There is no need to book but please note that dates and activities are subject to change - please check before attending.\*\***

**Contact:** 01785 619398 or email [disabilitysport@staffordbc.gov.uk](mailto:disabilitysport@staffordbc.gov.uk)



## Inspire Multi Sports Clubs (continued...)

### 1. Lichfield Clubs

Date	Time	Venue	Sport
Thursday 7th January	5-7pm	King Edwards Leisure Centre	Multi Sport
Thursday 21st January	5-7pm	King Edwards Leisure Centre	Multi Sport
Thursday 4th February	5-7pm	King Edwards Leisure Centre	Multi Sport
Thursday 3rd March	5-7pm	King Edwards Leisure Centre	Multi Sport
Thursday 17th March	5-7pm	King Edwards Leisure Centre	Multi Sport
Thursday 31st March	5-7pm	King Edwards Leisure Centre	Multi Sport

### 2. Moorlands Clubs

Date	Time	Venue	Sport
Saturday 9th January	11am-1pm	South Moorlands Leisure Centre	Swimming/ Multi Sport
Saturday 23rd January	11am-1pm	South Moorlands Leisure Centre	Swimming/ Multi Sport
Saturday 6th February	11am-1pm	South Moorlands Leisure Centre	Swimming/ Multi Sport
Saturday 20th February	11am-1pm	South Moorlands Leisure Centre	Swimming/ Multi Sport
Saturday 5th March	11am-1pm	South Moorlands Leisure Centre	Swimming/ Multi Sport

### 3. Tamworth Clubs

Date	Time	Venue	Sport
Saturday 16th January	3-5pm	Wilnecote Leisure Centre	Swimming/ Multi Sport
Saturday 30th January	3-5pm	Wilnecote Leisure Centre	Swimming/ Multi Sport
Saturday 13th February	3-5pm	Wilnecote Leisure Centre	Swimming/ Multi Sport
Saturday 27th February	3-5pm	Wilnecote Leisure Centre	Swimming/ Multi Sport
Saturday 12th March	3-5pm	Wilnecote Leisure Centre	Swimming/ Multi Sport
Saturday 26th March	3-5pm	Wilnecote Leisure Centre	Swimming/ Multi Sport

Please see page 22 for more information on Inspire Clubs

## Inspire Multi Sports Clubs (continued...)

### 4. South Staffordshire

Date	Time	Venue	Sport
Sunday 20th March	11am-1pm	Penkridge Leisure Centre	Festival/Fun Day

### 5. East Staffordshire Clubs

Date	Time	Venue	Sport
Saturday 2nd January	10am-12pm	Meadowside Leisure Centre	Multi Sport
Saturday 16th January	10am-12pm	Meadowside Leisure Centre	Multi Sport
Saturday 30th January	10am-12pm	Meadowside Leisure Centre	Multi Sport
Saturday 13th February	10am-12pm	Meadowside Leisure Centre	Multi Sport
Saturday 27th February	10am-12pm	Meadowside Leisure Centre	Multi Sport
Saturday 12th March	10am-12pm	Meadowside Leisure Centre	Multi Sport
Saturday 26th March	10am-12pm	Meadowside Leisure Centre	Multi Sport

### 6. Stafford Clubs

Date	Time	Venue	Sport
Saturday 3rd January	10am-12pm	Stafford Leisure Centre	Multi Sport
Saturday 17th January	10am-12pm	Stafford Leisure Centre	Multi Sport
Saturday 31st January	10am-12pm	Stafford Leisure Centre	Multi Sport
Saturday 14th February	10am-12pm	Stafford Leisure Centre	Multi Sport
Saturday 28th February	10am-12pm	Stafford Leisure Centre	Multi Sport
Saturday 13th March	10am-12pm	Stafford Leisure Centre	Multi Sport
Saturday 27th March	10am-12pm	Stafford Leisure Centre	Multi Sport

Please see page 22 for more information on Inspire Clubs



## Inspire Multi Sports Clubs (continued...)

<b>7. Newcastle Clubs</b>				
<b>Date</b>	<b>Time</b>	<b>Venue</b>	<b>Sport (1-2pm)</b>	<b>Sport (2-3pm)</b>
Saturday 3rd January	1-3pm	Jubilee 2	Goalball/Multi Sport	Climbing
Saturday 17th January	1-3pm	Jubilee 2	Cricket	Swimming
Saturday 31st January	1-3pm	Jubilee 2	Seated Volleyball/Multi Sport	Climbing
Saturday 14th February	1-3pm	Jubilee 2	Boccia/Multi Sport	Swimming
Saturday 28th February	1-3pm	Jubilee 2	Zumba/Multi Sport	Climbing
Saturday 13th March	1-3pm	Jubilee 2	Goalball/Multi Sport	Swimming
Saturday 27th March	1-3pm	Jubilee 2	Seated Volleyball/Multi Sport	Climbing

Please see page 22 for more information on Inspire Clubs

## Other Activities/Services...

There are lots of other activities taking place across Staffordshire which you may also like to try.

Information on some of these activities and other useful services is included over the next few pages.

### Inclusive Cycling Centre

A range of adapted and non adapted bikes are now available to suit all ages and abilities at Shobnall Leisure Complex in Burton.



Qualified staff are on hand to introduce the rider to the bike and ensure safe cycling.

Parents/carers also have the opportunity to cycle with or alongside their child either using the two seater cycles or the non adapted bikes.

**Cost:** From £2.50 per bike.

For information on session times please contact the telephone numbers below.

**Please book 48 hours in advance to ensure a member of staff is available to assist.**

To book please call Shobnall Leisure Complex on 01283 508180 or Neil Brown on 01283 508192 or 01283 508191.

### Multi-Sensory Room at Cannock Chase Leisure Centre

A multi-sensory room, with additional soft play equipment is now available at Cannock Chase Leisure Centre, Cannock.

The magical new sensory room includes the use of wind, moving sound, light, aroma, vibration and video to stimulate the senses.

This can help individuals to be more active, develop relationships with family members, try new things, improve communication and social skills and make new friends.

For more information please contact Debbie Pearce on 01543 501520 or at [deborah.pearce@wlct.org](mailto:deborah.pearce@wlct.org)



### Changing Places Toilets

A Changing Places Toilet facility is available in Number 1 Staffordshire Place in the centre of Stafford.

This is available to the public when the building is open Monday to Friday, 8am - 6pm.

For information on this and other Changing Places toilets in Staffordshire and surrounding areas please visit the Changing Places website:

[www.changing-places.org/Findatoilet/Locationmap/tabid/70/Default.aspx](http://www.changing-places.org/Findatoilet/Locationmap/tabid/70/Default.aspx)

## Other Activities/Services...

### Whizz-Kidz

**Ambassador Club** - A youth club is running once a month in Newcastle for wheelchair users. These Clubs are a great place for young wheelchair/power chair users aged 12-18 to meet up, learn new skills and have fun! Lots of fun activities are taking place over the summer including cooking, games, sports, arts and crafts and much more!

The club is held once a month on a Saturday at Blackfriars School in Newcastle. Health Care assistants are available so the young people can stay and develop their independence. There is no cost for this to families.

**FREE Wheelchair Skills Training for children and young people** - Being able to use a wheelchair safely and confidently at home, school, work and travelling can make all the difference. We offer *tailor made* programmes to enable young people to use their wheelchairs more effectively. These programmes can be delivered over 2 days at a time and venue to suit you. We cover things such as tackling kerbs, steep hills, carrying a tray and travel. We run beginners, intermediate and advanced training as well as training for children and young people with complex needs. These are for children and young people aged 2-25 years.

We also offer camps, work placements for young people and employability training. For all of these services we ask for no financial contribution.

**For more information please contact:** Suzie Oktemgil on 07788 435149  
Email: [s.oktemgil@whizz-kidz.org.uk](mailto:s.oktemgil@whizz-kidz.org.uk) [www.whizz-kidz.org.uk](http://www.whizz-kidz.org.uk)

### Street Dance Classes in Tamworth

Classes are running on Tuesday evenings 6.30 - 7.30pm for children and young people of all ages.

The classes are open to young people with various disabilities and support needs. Please speak to Suzannah about your child's needs.

Venue: Central Methodist Church, Aldergate, Tamworth, B79 7HT

£4 per person.

For more information or to book please call Suzannah Jacques on 07407 865045

You can also visit the website at [www.bfabstreetdance.co.uk](http://www.bfabstreetdance.co.uk)

## Other Activities/Services...

### North Staffs Asperger Autism Association (NSAAA)

#### Who can join?

- Any child or adult with an Autistic Spectrum Condition (ASC).
- A parent, carer or professional who has an interest in ASC.
- Anyone who is awaiting diagnosis of ASC.

#### How to join...

Email or telephone the NSAAA office to request a membership form. Membership is £5 per person (annual cost). Members can join any of the groups, trips and activities and will receive regular information.

#### Drop in...

Regular drop in sessions are taking place where members can just pop in to get some help and advice or hire a book.

#### Parent/Carer Support Group

A support group is held at the Newcastle Congregational Church on the second Wednesday of every month, 10am-12pm.

#### A Dudes Group

Fun Youth Clubs - For 7-12 years olds and 13-17 year olds. Clubs take place at the PICL Centre, 14a King Street, Newcastle, ST5 1EJ.

#### Activities and Trips Out

Soft play and multi sports sessions take place each month. A variety of trips out and events will also be taking place regularly throughout the year.

For more details please contact 01782 627002 or email [info@nsaaa.co.uk](mailto:info@nsaaa.co.uk)

### Staffordshire Marketplace

The Staffordshire Marketplace is the new directory of wellbeing and support services, activities and events for all ages across Staffordshire and Stoke-on-Trent.

To find out how the Marketplace can help you and your family please visit the site at the address below:

[www.staffordshiremarketplace.co.uk](http://www.staffordshiremarketplace.co.uk)

### Sports Clubs in Staffordshire

Information on a wide range of sports clubs is available in the Sport Across Staffordshire and Stoke on Trent 'Sports Club Finder' on their website at the link below:

<http://www.sportacrossstaffordshire.co.uk/Clubs/ClubFinder>

## Have Your Say

### Children and Young People's Views

We want to hear from children and young people about what is important to them.

There are lots of ways to get involved including:

- ◆ Young Peoples Panels
- ◆ Questionnaires
- ◆ 1 to 1 discussions
- ◆ Focus Groups
- ◆ and much more...

For more information please contact Amy Duddy by calling or texting **07975 655466** or email [amy.duddy@staffordshire.gov.uk](mailto:amy.duddy@staffordshire.gov.uk)

### Parents and Carers Views

Parents and carers can make a difference to the service their families receive by getting involved with the Staffordshire Parent Action Network (SPAN) which is funded by Aiming High.

Share views, find information and influence decisions by joining the Staffordshire Parent Action Network (SPAN).

For more information about SPAN please visit the SPAN website [www.span-info.co.uk](http://www.span-info.co.uk)  
**Email: [span.staffordshire@gmail.com](mailto:span.staffordshire@gmail.com)**

### We would love to hear your views...

If you have any comments or feedback on Aiming High activities or this guide let us know by emailing

[aiminghigh@staffordshire.gov.uk](mailto:aiminghigh@staffordshire.gov.uk)

## Keeping up to date with Aiming High Activities...

If you are not already on our email mailing list but would like to receive updates on Aiming High Short Breaks and other activities for children and young people with a disability or additional need please email us at:

[aiminghigh@staffordshire.gov.uk](mailto:aiminghigh@staffordshire.gov.uk)

### AIMING HIGH STAFFORDSHIRE

Staffordshire County Council  
2 Staffordshire Place  
Tipping Street  
Stafford  
ST16 2DH.

Phone: 01785 278072

Email: [aiminghigh@staffordshire.gov.uk](mailto:aiminghigh@staffordshire.gov.uk)

Website: [www.staffordshire.gov.uk/aiminghigh](http://www.staffordshire.gov.uk/aiminghigh)