

Sight Loss Awareness & Guide Running



A Workshop for Leaders, Coaches and Volunteers wanting to attract and support more visually impaired people to running.



Includes information on

- ◆ Types of visual impairment and common eye conditions
- ◆ Guide Running Top Tips and safety
- ◆ Organising a VI taster session
- ◆ Guide Running Practical
- ◆ Further guidance and resources



Alexander Stadium

Main entrance, Walsall Rd, Perry Barr, B42 2BE

Saturday 25th June 2016

At 10:00am – 13:00pm cost: £30.00 per person (non-affiliated) £20.00 (affiliated)

For more information contact **Stephanie Cameron 07730141387**
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Make your running sessions VI friendly and learn more about guide running!