



HEDNESFORD PARKFIT

WALK, JOG, COMMUNITY

GET FIT @ HEDNESFORD PARK



**Themed Community
Walk or Jog around
Hednesford Park
Sunday 21st August 9.30am
& the 3rd Sunday of every month**

FREE!

Interested?

email: parkfit@thesan.org.uk

<https://www.facebook.com/hednesfordParkFit>



Staffordshire
Athletics Network



LOTTERY FUNDED

