



HEDNESFORD PARKFIT

WALK, JOG, COMMUNITY

GET FIT @ HEDNESFORD PARK



Olympic Themed Community Walk or Jog

**Dress as
Favourite
Sportsperson
(optional)**

Sunday 21st August 9:30am

FREE!

Interested?

email: parkfit@thesan.org.uk

<https://www.facebook.com/hednesfordParkFit>



**Staffordshire
Athletics Network**



LOTTERY FUNDED

