



Stay active this summer!

Have a go at a range of activities this school holiday - many sessions free of charge or cost as little as £1!

Drop in sessions for young people aged 7 to 25 include parkour, boxing, multi sports, streetcheer and more. To see full details of what's on offer visit **www.activelichfield.co.uk/getin2it**

What's on...

Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 1 23 to 29 July Festival of Sport week (All activities FREED	Outdoor Archery Freestyle Gymnastics	Multi Sports	Attitude Streetcheer Parkour Multi Sports	Multi Sports Inspire (Disability Multi Sports Club) Boxing	Trampolining Illusion Streetcheer Multi Sports	Family Indoor Archery Lichfield Skatepark Tuition	Cycle Rides for All
Week 2 30 July to 5 August	Play in the Park Freestyle Gymnastics	Multi Sports	Parkour Multi Sports	Multi Sports Boxing	Illusion Streetcheer Multi Sports		

Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 3 6 to 12 August	Play in the Park Freestyle Gymnastics	Multi Sports	Parkour Multi Sports	Multi Sports Inspire (Disability Multi Sports Club)	Multi Sports		
Week 4 13 to 19 August	Outdoor Archery Attitude Streetcheer Freestyle Gymnastics	Multi Sports	Play in the Park UV Sport Parkour Multi Sports	UV Sport Multi Sports	Illusion Streetcheer Multi Sports	Family Indoor Archery	Cycle Rides for All
Week 5 20 to 26 August	Play in the Park Attitude Streetcheer Freestyle Gymnastics	Multi Sports	Parkour Multi Sports	Multi Sports Inspire (Disability Multi Sports Club) Boxing	Trampolining Illusion Streetcheer Multi Sports		
Week 6 27 August to 2 Sept	Bank Holiday	Multi Sports	Parkour Multi Sports	Burntwood Skatepark Tuition Multi Sports Boxing	Lichfield Skatepark Tuition Trampolining Illusion Streetcheer Multi Sports	Burntwood Skatepark Competition	Lichfield Skatepark Competition

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